



UNION EUROPÉENNE DES MÉDECINS SPÉCIALISTES SECTION FOR PSYCHIATRY

SPRING MEETING

Friday, 16 April 2010 – Stockholm, Sweden

APPROVED MINUTES

1. Present

1. Dr Argyris Argyriou – Cyprus – Cyprus Psychiatric Association
2. Dr Roelof ten Doesschate – Netherlands – Dutch Psychiatric Association
3. Dr Elisabete Fradique – Portugal - Portuguese Medical Association
4. Prof George Garyfallos – Greece – Hellenic Psychiatric Association
5. Dr Dan Georgescu – Switzerland – Swiss Society of Psychiatry and Psychotherapy
6. Dr Domenico Giacco – Italy – EFPT
7. Prof Manuel Gómez-Beneyto – Spain – Spanish Association of Neuropsychiatry
8. Dr Marc Hermans – Belgium - Belgian Association of Neurologists and Psychiatrists
9. Prof Paul Hodiament – Netherlands – Dutch Psychiatric Association; Board Vice-President
10. Prof Fritz Hohagen – Germany - German Society of Psychiatry, Psychotherapy & Neurology
11. Dr Torsten Jacobsen – Denmark – Danish Psychiatric Association
12. Prof Nils Lindefors – Sweden – Swedish Psychiatric Association
13. Dr Lucien Manuceau – France – French Association of Psychiatrists
14. Dr Françoise Matthys – Belgium – Belgian Association of Neurologists and Psychiatrists
15. Dr Brigitte Mauthner – Austria – Austrian Medical Chamber, Section Vice-President
16. Dr Kajsa Norström – Sweden – Swedish Medical Association
17. Dr Jørgen Nystrup – Denmark – Danish Psychiatric Association
18. Dr Eva Pálová – Slovakia – Slovak Psychiatric Association; Section Vice-President
19. Dr Kari Pykkänen – Finland – Finnish Psychiatric Association; Section President
20. Dr Joseph Saliba – Malta - Medical Association of Malta / Maltese Association of Specialists in Psychiatry; Honorary Secretary
21. Prof Henning Sass – Germany – EPA¹
22. Dr Christa Schaff – Germany – UEMS Section of Child and Adolescent Psychiatry
23. Dr James Strachan – UK – Royal College of Psychiatrists; Board President
24. Dr Roland Urban – Germany – Professional Association of German Psychiatrists
25. Dr Andreas Zachariadis – Greece - Hellenic Psychiatric Association

2. Apologies

1. Prof Jose Luis Ayuso-Mateos – Spain - Spanish Society of Psychiatry
2. Prof Mariano Bassi – Italy – Italian Psychiatric Association
3. Prof Jacek Bomba – Poland – Polish Psychiatric Association
4. Dr Andrew Brittlebank – United Kingdom – Royal College of Psychiatrists
5. Ms Joanna Carroll – UK – Royal College Psychiatrists; Administrative Secretary
6. Dr Brendan Cassidy – Ireland - Irish Medical Organisation; Treasurer
7. Prof Dr Can Cimilli – Turkey - Psychiatric Association of Turkey
8. Dr Tsvi Fischel – Israel - Israeli Psychiatric Association
9. Prof Edvard Hauff – Norway - Norwegian Medical Association
10. Dr Slađana Ivezić – Croatia - Croatian Medical Association / Society for Clinical Psychiatry
11. Dr Luboš Janu – Czech Republic - Czech Psychiatric Association
12. Dr Andreas Landsnes – Norway - Norwegian Psychiatric Association
13. Dr Lydia Liberman-Goldenberg – France - French Association of Psychiatrists
14. Dr Anne Kleinberg – Estonia - Estonian Psychiatric Association
15. Prof Blanka Kores Plesničar – Slovenia - Psychiatric Association of Slovenia
16. Dr Bernard Maillat – UEMS Secretary General
17. Dr Lucie Motlova – Czech Republic - Czech Psychiatric Association
18. Prof Michael Musalek – Austria - Austrian Society for Psychiatry and Psychotherapy
19. Dr Alexander Nawka – Czech Republic – EFPT²
20. Dr Martina Rojnic Kuzman – Croatia – EFPT
21. Prof Laszlo Tringer – Hungary - Hungarian Psychiatric Association
22. Dr Halis Ulaş – Turkey - Psychiatric Association of Turkey
23. Prof Veiko Vasar – Estonia - Estonian Psychiatric Association
24. Prof Slavko Ziherl – Slovenia - Psychiatric Association of Slovenia

¹ European Psychiatric Association (formerly Association of European Psychiatrists)

² European Federation of Psychiatric Trainees

The meeting was chaired by Dr Kari Pylkkänen, President of the Section. He welcomed the delegates to Stockholm and thanked the Swedish Psychiatric and Medical Associations for hosting the meeting. He also welcomed Dr Argyris Argyriou who rejoined the Section as the delegate from Cyprus. Apologies were submitted by new members Prof Veiko Vasar (Estonia) and Dr Lydia Liberman-Goldenberg (France). Several apologies were received including Dr Brendan Cassidy and Ms Joanna Carroll due to the Iceland volcano ash impact on air travel.

3. To approve the minutes of the previous meeting

The minutes of the autumn meeting held in Ljubljana, Slovenia on 16 October 2009 were approved as the correct record of the proceedings with the following corrections: the title should read 'Autumn' not 'Spring'. Dr Marc Hermans (Belgium) was present at Section meeting.

ACTION: JC to amend the minutes and publish on online ✓

4. Matters arising from the minutes not covered elsewhere on the agenda

a. Contributing and responding to European mental health agenda

Items 4 and 6 below were taken together here. Prof Edvard Hauff and Dr Matt Muijen were both absent from the meeting so this matter could not be discussed. It was agreed that Dr Joseph Saliba would write to both Prof Hauff and Dr Matt Muijen asking the former to act as the Section's ambassador to WHO and establishing with both that WHO collaboration could be a standing item on Section agenda, but only to be utilised when there were items to discuss.

ACTION: Dr Saliba to contact Prof Hauff Dr Matt Muijen ✓

5. Update on representation with the EPA

Dr Pylkkänen had been in contact with the President of the EPA, Prof Möller, and they have agreed on mutual representation between the two organisations. There was also exchange of correspondence between Prof Henning Sass and Prof Paul Hodiamont. Prof Hodiamont and Dr Strachan also attended both the Education Committee and Board of EPA where the respective complementary roles of UEMS Section and EPA were discussed providing a good basis for future cooperation. There was the possibility of EPA inviting the UEMS Section to contribute to their forthcoming Vienna meeting.

6. Update on psychiatry across borders

Addressed under item 4 above.

7. Financial matters

a. Subscriptions update

Outstanding subscriptions were discussed with particular reference to Italy and Cyprus. The possibility of a two year capping on outstanding debts was considered. Whilst bearing the above in mind, it was ultimately decided that the whole outstanding amount should be invoiced in the first instance.

ACTION: Dr Cassidy to invoice Italy and Cyprus ✓

b. Accounts 2009

In the absence of Dr Cassidy it was decided to defer this matter to the Autumn 2010 meeting.

c. Income from EACCME

Prof Hodiamont informed the meeting that 20-30 applications had been processed at €200 per application (approximately €4-6,000), but no payments received. Dr Kari Pylkkänen agreed to write to Dr Bernard Maillet regarding payment.

ACTION: Dr Kari Pylkkänen to write to Dr Bernard Maillet ✓

d. Other financial matters

The matter of reimbursing Hungary and Slovenia with host country subsidy of €2,200 was also discussed. It was clarified that the reimbursement would be effected as soon as the host countries submit and invoice and the relevant bank particulars to Dr Cassidy.

ACTION: Dr Saliba to inform Hungary and Slovenia ✓

EFPT had written to Dr Cassidy asking for an extra grant (over their annual €1000 grant) to attend the Stockholm meeting, which was more expensive than usual. It was agreed that this request would be supported purely as a 'one off' without creating a precedent for the future.

ACTION: Dr Cassidy to liaise with EFPT ✓

8. Annual Report

Dr Saliba presented the Annual Report, which was approved with one minor amendment – the sub-heading 'Psychosomatic Liaison' should read 'Consultation Liaison Psychiatry'.

It was proposed that the Competency Framework for Psychiatry could lend itself to a collaborative project between the UEMS Section and EPA and possibly a workshop at a forthcoming EPA congress. It was also proposed that a link be created to the EPA website.

9. Membership matters

a. New EU member states - Bulgaria & Romania

In September 2009 a letter was sent to Dr Mateva, current President of the Bulgarian Psychiatric Association (email provided by past President, Peter Marinov). Since there was no reply it was resent more recently.

Romanian President Dr Prelipceanu was chased up in September, but with no reply and the letter also resent. Dr Dan Georgescu informed the meeting that Dr Prelipceanu was no longer President and he was optimistic that we would have a better response from his successor, Prof Pompilia Dehelean.

ACTION: Dr Georgescu to provide contacts for the new Romanian President ✓

b. Report on non-attendees

Cyprus had now resumed attendance represented by Dr Argyris Argyriou. The other non-attendees, Italy and PWG, had been contacted and should be looking into the matter. The Italian Psychiatric Association has confirmed Prof Pier Maria Furlan and Prof Mariano Bassi as their current representatives. It was agreed not to chase PWG any further.

10. Working Group matters

a. Membership

During the meeting, Dr Eva Palova circulated the working group list (S6-04/10) for members to select just one working group which they would attend. The list would be forwarded to Ms Carroll.

b. Involuntary Treatment (Chair – Dr Torsten Jacobsen)

This working group was approved, but remained on the waiting list aiming to start at the Autumn 2010 meeting. The importance of appropriate terminology was discussed, bearing in mind the public perception of psychiatry. The term 'coercive measures' might be replaced by 'use of restraint' and the term 'legal' inserted as a prefix to all compulsory measures referred to in the document. The focus of the working group would be on the monitoring of compulsory measures. It was recognised from past experience that a pan-European survey would present problems.

c. Stigma (Chair – Prof Fritz Hohagen)

This working group had received new material and would not meet in Stockholm. It would prepare its recommendations for presentation of a final draft at the Autumn meeting in Athens.

d. Old Age (Chair – Dr Dan Georgescu)

There was a lengthy debate as to whether this working group should belong to the Board or Section. It was ultimately decided it should remain in the remit of the Section. This debate highlighted considerable ambiguity and confusion regarding allocation of working groups to either the Section or the Board. It was agreed that the function, structure and strategy of the Section and Board should be a formal agenda item at the Autumn 2010 meeting.

ACTION: Officers to produce documentation for a strategy discussion at next meeting ✓

e. Relations with commercial organisations (Chair – Prof Gómez-Beneyto)

This working group started work at this meeting.

f. Service Delivery Models (private & public sector) (Chair – Dr Françoise Matthys)

A preliminary proposal submitted (S13-04/10) outlined five minimum service value statements with three aims and a working method. It was proposed that the first of these would be stated rather than posed as a question. There was a lengthy discussion regarding the aims and method of the working group. Conclusions were deferred.

11. UEMS Council Matters**a. Meeting of Presidents and Secretaries of the UEMS Sections and Boards**

Dr Kari Pylkkänen described how the structure of the meetings had changed including the new structure of the UEMS itself which would come into force in Autumn 2010. Under the new arrangements the meetings of Presidents would be abolished, the Council meetings would be restructured so that every Section would be able to send its representative and there would be no more need for representatives of the three groups (Psychiatry was in Group 3). Sections would be responsible for meeting their own attendance costs. More details were contained in agenda attachment S8-04/10. Although each Section could send two delegates it was decided for the Section for Psychiatry only to send one.

b. Sexual Medicine - Proposal for a new MJC

Dr Strachan attended the UEMS/UK meeting where this was proposed. He pointed out the overlap between sexual medicine and psychiatry (such as in sexual disorders and gender reassignment) and the need to involve psychiatric perspectives. An invitation had reached the Section and Dr Jørgen Nystrup offered to represent it at future meetings agreeing to do so at own expense.

ACTION: Dr Saliba to inform Dr Peter Hornes, President of EBCOG ✓

c. MJC on Emergency Medicine – Response from UEMS Council

It was reported by Dr Strachan that the policy statement on Emergency Medicine has already been finalised without reference to the multiplicity of psychiatric problems presented to non scheduled care services. It was hoped the letter sent by Dr Saliba (S10-04/10) will serve to alert the MJC of the need to involve the Section for Psychiatry in future.

12. Accreditation of Psychotherapy

Dr Pylkkänen had written to the Professional Qualifications Unit of the European Commission expressing concern regarding the EAP's attempts to raise psychotherapy to the level of an independent profession at European level. The likelihood of EAP's objective being realised was discussed. It was agreed that this important matter would be followed up by the psychotherapy working group.

Action: Chair of Psychotherapy WG to take this up with the WG ✓

13. Change to the corporate identity of the Section for Psychiatry

Dr Pylkkänen initiated a debate on the naming of the Section. One of several suggestions was switching from the French 'UE...' to the English 'EU...' as it was believed this would make the Section more clearly associated with the "European Union". The legal implications, desirability and consequences of change were all discussed. Dr Pylkkänen confirmed that there was at least one other Section which added a new element to its name. The Section of Paediatrics changed its name to European Academy of Paediatrics and its full name was now the European Academy of Paediatric / UEMS Section of Paediatrics (EAP / UEMS – SP). Formerly, this Section called itself CESP –Confederation of European Specialists in Paediatrics.

An email survey of members was considered but rejected and as no agreement could be reached it was proposed to revisit the matter in five years time instead.

14. Standing Committee on CME

The Standing Committee acted as an administrative clearing house with no influence on CME content. Unless the Section had representation on the EACCME itself the Section would have no influence on CME policy. Prof Hodiamont therefore recommended that at least one Section

member attend the EACCME's annual meeting. Since he could not do so regularly, he recommended that the Section identify a number of members who could attend as deputies. Dr Françoise Matthys, Prof Manuel Gómez-Beneyto and Dr Marc Hermans agreed to lend their support in this. It was agreed that the Standing Committee on CME be moved from Section to Board agenda in future.

15. UEMS CAP Section

Dr Christa Schaff reported that the next meeting of the CAP Section would be held in September. The CAP Section hoped to improve its collaboration with ESCAP (equivalent to EPA). She proposed identifying areas of collaboration with the Section for Psychiatry, such as issues surrounding transition from adolescent to adulthood services. Treatment of psychiatrically disordered parents of disturbed children and adolescents was also mentioned as another issue for consideration. Dr Marc Hermans would be interested in getting involved in adolescent service transition issues. Prof Gómez-Beneyto mentioned that Prof Wolfgang Goebel was running a group on quality assurance in EPA.

16. Brief feedback from delegates on professional, training or service matters

Minutes were not routinely taken on this item. However it was proposed that if delegates wished to have their contribution recorded they should submit written account before the meeting to facilitate this.

17. Administrative issues

In the absence of Ms Carroll there were no matters to report.

18. Any other business

There was no other business to report.

19. Dates and venues of future meetings

14 – 16 October Athens, Greece

April 2011 – Tallinn, Estonia

October 2011 – Zagreb, Croatia

Since the Finnish Psychiatric Section would celebrate its Centenary in 2013, Dr Pylkkänen offered for Finland to host the April 2013 meeting. Venues for April and October 2012 had still to be identified.

20. Reports from the working groups

a. Psychotherapy

Dr Mauthner reported that the working group briefly overviewed the Pamplona and Edinburgh papers, and the 2000 survey carried out by Prof Hohagen and Dr ten Doesschate published in 2008. These together would form the basis for standards also incorporating four questions from the EFPT Dubrovnik meeting. The chair and vice chair had changed from Dr Mauthner and Dr Palova to Prof Hohagen and Dr Hermans

b. Service Delivery Models

Dr Matthys reported that the working group opted for a purely descriptive paper on different health care systems in psychiatry in Europe and mapping the distribution of systems in EU countries without value statements. Three questions were to be circulated to all delegates:

1. Do you have private practice in your country?
2. If so approximate percentages of pure public, pure private and mixed practice?
3. Does your NPA have a written point of view and a council?

Dr Matthys invited a vote but it was decided that the meeting should have confidence in working group to proceed.

c. Old age psychiatry

Dr Georgescu reported that since there were only two members of this group it did not meet. A large amount of data had been collected which needed to be analysed. A draft report would be circulated within the group and then presented at the Autumn Athens meeting.

d. Stigma

Prof Hohagen also reported that this group did not meet, but had enough material to prepare a draft for discussion at the Autumn 2010 meeting. The working group might then close.

e. Relations with commercial organisations

Dr ten Doesschate would Chair and Prof Gómez-Beneyto would be Vice-chair. There were only three members at this meeting but it was hoped the group would be larger next time and include the EFPT who had a similar working group. It was hoped to present a paper by Autumn 2011.