



UNION EUROPÉENNE DES MÉDECINS SPÉCIALISTES
EUROPEAN BOARD OF PSYCHIATRY
AUTUMN MEETING
Saturday, 18 October 2008 – Ghent, Belgium
APPROVED minutes

1. Present

1. Prof Jacek Bomba – **Poland** – Polish Psychiatric Association
2. Dr Andrew Brittlebank – **United Kingdom** – Royal College of Psychiatrists
3. Dr Brendan Cassidy – **Ireland** – Irish Medical Organisation
4. Dr Homayon Chaudhry – **Switzerland** – PWG¹
1. Prof Can Cimilli – **Turkey** – Psychiatric Association of Turkey
5. Dr Tsvi Fischel – **Israel** – Israeli Psychiatric Association
6. Dr Elisabete Fradique – **Portugal** – Portuguese Medical Association
7. Prof George Garyfallos – **Greece** – Hellenic Psychiatric Association
8. Dr Dan Georgescu – **Switzerland** – Swiss Society of Psychiatry and Psychotherapy
9. Prof Manuel Gómez-Beneyto – **Spain** – Spanish Association of Neuropsychiatry
10. Prof Edvard Hauff – **Norway** – Norwegian Medical Association
11. Prof Paul Hodiament – **Netherlands** – Dutch Psychiatric Association; **Vice-President, European Board of Psychiatry**
2. Prof Fritz Hohagen – **Germany** – German Society of Psychiatry, Psychotherapy & Neurology
12. Dr Torsten Jacobsen – **Denmark** – Danish Psychiatric Association
13. Prof Lars Jacobsson – **Sweden** – Swedish Psychiatric Association
14. Prof Blanka Kores-Plesničar – **Slovenia** – Medical Chamber of Slovenia
15. Dr Astrid Kubli Bauer – **Switzerland** – Swiss Society of Psychiatry and Psychotherapy
16. Dr Andreas Landsnes – **Norway** – Norwegian Psychiatric Association
17. Prof Nils Lindefors – **Sweden** – Swedish Psychiatric Association
18. Dr Lucien Manuceau – **France** – French Association of Psychiatrists
19. Dr Françoise Matthys – **Belgium** – Belgian Association of Neurologists and Psychiatrists
20. Dr Brigitte Mauthner – **Austria** – Austrian Medical Chamber
21. Dr Lucie Motlova – **Czech Republic** – Czech Psychiatric Association
22. Dr Alexander Nawka – **Czech Republic** – EFPT
23. Dr Kajsa Norström – **Sweden** – EFPT²; **President**
24. Dr Izu Nwachukwu – **Ireland** – EFPT (*invited guest*)
25. Dr Eva Pálová – **Slovakia** – Slovak Psychiatric Association; **Section Vice-President**
26. Dr Kari Pylkkänen – **Finland** – Finnish Psychiatric Association; **Section President**
27. Dr Joseph Saliba – **Malta** – Medical Association of Malta / Maltese Association of Specialists in Psychiatry; **Honorary Secretary, Section and Board of Psychiatry**
28. Prof Henning Sass – **Germany** – EPA³
29. Dr Christina Schaff – **Germany** – UEMS Section of Child and Adolescent Psychiatry
30. Dr James Strachan – **UK** – Royal College of Psychiatrists; **President, European Board of Psychiatry**
31. Dr Roelof ten Doesschate – **Netherlands** – Dutch Psychiatric Association; **Treasurer**
32. Prof László Tringer – **Hungary** – Hungarian Psychiatric Association
33. Dr Roland Urban – **Germany** – Professional Association of German Psychiatrists
34. Dr Andreas Zachariadis – **Greece** – Hellenic Psychiatric Association
35. Mrs Joanna Carroll – **UK** – Royal College Psychiatrists; **Administrative Secretary**

2. Apologies

3. Dr Slađana Iveziæ, **Croatia** – Croatian Medical Association, Society for Clinical Psychiatry
4. Prof Jyrki Korkeila, **Finland** – Finnish Psychiatric Association
5. Dr Andres Lehtmets, **Estonia** – Estonian Psychiatric Association
6. Prof Gerhard Lenz, **Austria** – Austrian Association for Psychiatry & Psychotherapy
7. Dr Amit Malik – **UK** – EFPT, President-elect
8. Dr Jørgen Nystrup, **Denmark** – Danish Psychiatric Association
9. Dr James O'Boyle, **Ireland** – Irish Psychiatric Training Committee
10. Dr Lívia Vavrušová, **Slovakia** – Slovak Psychiatric Association
11. Prof Slavko Zihlerl, **Slovenia** – Psychiatric Association of Slovenia, Medical Chamber of Slovenia; **Vice-President, European Board of Psychiatry**

¹ Permanent Working Group for Junior Doctors

² European Federation of Psychiatric Trainees

³ European Psychiatric Association (formerly Association of European Psychiatrists)

3. To approve the minutes of the previous meeting

The minutes of the meeting held on 26 April 2008 in Copenhagen, Denmark, were approved as the correct record of the proceedings subject to some minor amendments.

4. Matters arising from the minutes not covered by this agenda

There were none.

5. Training issues

a) Audit of training schemes

Dr Strachan briefly outlined the progress of auditing to date. In November 2004 the President and Vice-President of the Board of Psychiatry, accompanied by the President of the German association and a trainee from Berlin, visited the Schleswig-Holstein University psychiatric training scheme. The visit served as a model and the procedure was taken forward to Freiburg. The German Association had audited several schemes to date, although the audit cycle had not yet been completed by a revisit to assess progress in implementing recommendations. A similar process might soon be initiated in Turkey. Greece and Spain had also made enquiries but there was no follow-up. It was suggested that future visits should only be undertaken when a Board member was directly involved in national arrangements as it was otherwise not feasible to maintain the momentum and enthusiasm.

It might be helpful for other countries if the Board developed a step-by-step operational guide outlining in detail the procedures from conception, through implantation, to a fully functioning system. It was pointed out that one of the benefits of an accreditation visit by an external body like the UEMS was an opportunity to request resources for improving training through the implementation of recommendations.

ACTION: Prof Hodiament and Dr Strachan to prepare the guide ✓

b) Proposal for a new working group on the European assessment and exams

Dr Norström informed the delegates that the EFPT discussed the issue of a potential conflict of interest for trainees to be involved in developing guidelines on European assessment and examinations but could not reach a unanimous agreement. The proposal for a working group had therefore been withdrawn.

The delegates were reminded that the working group developing competence based training would also be addressing assessment methods in the second stage of its work after the core competences document was approved.

6. Report from the European Federation for Psychiatric Trainees

The EFPT last meeting was held in Gothenburg in May 2008. Most of their work was carried out by web-based working groups and the online discussion forum. They were still pursuing the process of registration in Belgium. Belarus was the EFPT latest recruit bringing the total number of members to 28.

Dr Norström thanked the delegates for their support during her time as President and past President of EFPT and hoped this valuable cooperation between the UEMS and EFPT would continue under Dr Malik's presidency.

7. Report from the Permanent Working Group for Junior Doctors

The PWG current focus was on the implementation of the European Working Time Directive (EWTD). The 48-hour working week must be implemented in all EU member states by August 2009. Under the European Court of Justice ruling of 2000, time spent on call by doctors was regarded as working time if they were required to be present at the work place. If they must merely be contactable at all times when on call, only time linked to the actual provision of services would be regarded as working time. Under the new EU proposal, employers would be allowed to raise working time to 60 hours for resident on call doctors. PWG was campaigning against this new development.

8. Election of the President and Vice-President of the Board

Dr ten Doesschate was asked to take the chair for the duration of officer elections. Delegates were informed that the posts of President and Vice-President, currently held by Dr Strachan and Prof Hodiament, respectively, were due for election. Both post holders expressed their willingness to continue the second term in office. No other nominations had been received and Dr Strachan and Prof Hodiament were declared duly re-elected to their respective posts.

9. Reports from the Working Groups:

a) Competence-based training in psychiatry

Prof Gómez-Beneyto gave a brief background to the establishment of the working group and its aims for the benefit of new members. Dr Andy Brittlebank, a new delegate from UK, joined the group. The group agreed that it would not be feasible to develop a training programme applicable to all European countries. National associations were better placed to adapt the competence-based core curriculum to local conditions. It was recommended that the Board should focus on assessment methods and develop a blueprint for assessment relevant and adaptable in most European countries. Dr Brittlebank, who had been involved in the development of the UK competence based curriculum and assessment methods, offered to run a short training session on assessment techniques for the CBT working group. They would then be able to develop assessment appropriate for each competence, as well as assess its reliability, efficacy, etc. This was supported and the Treasurer confirmed that funding for an additional meeting in London was available in this year's budget.

It was suggested that, in due course, the Board would be able to offer assistance in assessment to national associations. It was recommended that evidence of assessment should be collected from different sources, including EPA CME courses.

The current document would be circulated shortly after the meeting and delegates should confirm that all their original comments had been addressed. The final draft would be circulated for the Budapest meeting with the agenda papers.

ACTION: Circulate the document to all delegates. Replies by mid-December. ✓

10. Any other business

There were none.

11. Dates of future meetings

23-25 April 2009 – Budapest, Hungary
 15-17 October 2009 – Ljubljana, Slovenia
 April 2010 – Stockholm, Sweden
 October 2010 – to be confirmed
 April 2011 – Tallinn, Estonia

The Board President thanked the Belgian Professional Association of Neurologists and Psychiatrists for hosting and support of the meeting and Dr Matthys for her central role in its organisation. He also thanked Ms Carroll for her hard work and consistent commitment to the smooth running of both the Section and Board.