



**APPROVED** minutes of the European Board of Psychiatry Autumn Meeting held on 13 October 2007 in Geneva, Switzerland

## 1. Present

1. Prof Jacek Bomba – **Poland** – Polish Psychiatric Association
2. Dr Michel Botbol – **France** – WPA Zonal Representative for Western Europe (*invited guest*)
3. Dr Brendan Cassidy – **Ireland** – Irish Medical Organisation
4. Dr Homayon Chaudhry – **Switzerland** – PWG<sup>1</sup>
5. Prof Can Cimilli – **Turkey** – Psychiatric Association of Turkey
6. Dr Elisabete Fradique – **Portugal** - Portuguese Medical Association
7. Prof George Garyfallos – **Greece** – Hellenic Psychiatric Association
8. Dr Dan Georgescu – **Switzerland** – Swiss Society of Psychiatry and Psychotherapy
9. Prof Manuel Gómez-Beneyto – **Spain** – Spanish Association of Neuropsychiatry
10. Prof Edvard Hauff – **Norway** - Norwegian Medical Association
11. Prof Paul Hodiament – **Netherlands** – Dutch Psychiatric Association; **Vice-President, European Board of Psychiatry**
12. Prof Fritz Hohagen – **Germany** - German Society of Psychiatry, Psychotherapy & Neurology
13. Prof Lars Jacobsson – **Sweden** – Swedish Psychiatric Association
14. Dr Astrid Kubli Bauer – **Switzerland** – Swiss Society of Psychiatry and Psychotherapy
15. Dr Andreas Landsnes – **Norway** - Norwegian Psychiatric Association
16. Prof Gerhard Lenz – **Austria** – Austrian Association for Psychiatry & Psychotherapy
17. Prof Nils Lindefors – **Sweden** – Swedish Psychiatric Association
18. Dr Anne Lindhardt – **Denmark** – Danish Psychiatric Association
19. Dr Lucien Manuceau – **France** – French Association of Psychiatrists
20. Dr Françoise Matthys – **Belgium** – Belgian Association of Neurologists and Psychiatrists
21. Dr Brigitte Mauthner – **Austria** – Austrian Medical Chamber
22. Dr Marco Merlo – **Switzerland** – Swiss Society of Psychiatry and Psychotherapy (*invited guest*)
23. Dr Lucie Motlova – **Czech Republic** - Czech Psychiatric Association
24. Dr Kajsa B Norström – **Sweden** - EFPT<sup>2</sup>; **President**
25. Dr Eva Pálová – **Slovakia** – Slovak Psychiatric Association; **Vice-President, Section of Psychiatry**
26. Dr Joseph Saliba – **Malta** - Medical Association of Malta / Maltese Association of Specialists in Psychiatry; **Honorary Secretary, Section and Board of Psychiatry**
27. Dr Christa Schaff – **Germany** – UEMS Section of Child and Adolescent Psychiatry (*invited guest*)
28. Dr Zribi Sofiane – **Tunisia** – ALFAPSY<sup>3</sup> (*invited guest*)
29. Dr Ian Soosay – **UK** – EFPT
30. Dr James Strachan – **UK** – Royal College of Psychiatrists; **President, European Board of Psychiatry**
31. Dr Roelof ten Doesschate – **Netherlands** – Dutch Psychiatric Association; **Treasurer**
32. Dr Andreas Zachariadis – **Greece** – EFPT; **Past President**
33. Prof Slavko Zihel – **Slovenia** - Psychiatric Association of Slovenia, Medical Chamber of Slovenia; **Vice-President, European Board of Psychiatry**
34. Mrs Joanna Carroll – **UK** – Royal College Psychiatrists; **Administrative Secretary**

## 1. Apologies

1. Prof Dinesh Bhugra – **United Kingdom** – Royal College of Psychiatrists
2. Prof Pier-Maria Furlan – **Italy** – Italian Psychiatric Association
3. Dr Slađana Ivezić – **Croatia** - Croatian Medical Association, Society for Clinical Psychiatry
4. Dr Luboš Janu – **Czech Republic** - Czech Psychiatric Association
5. Prof Matti Joukamaa – **Finland** - Finnish Psychiatric Association
6. Dr Anne Kleinberg – **Estonia** - Estonian Psychiatric Association
7. Prof Blanka Kores-Plesnicar – **Slovenia** - Psychiatric Association of Slovenia
8. Dr Andres Lehtmets - **Estonia** – Estonian Psychiatric Association
9. Prof Michael Musalek – **Austria** - Association of European Psychiatrists
10. Dr James O'Boyle – **Ireland** – Irish Psychiatric Training Committee

<sup>1</sup> Permanent Working Group for Junior Doctors

<sup>2</sup> European Federation of Psychiatric Trainees

<sup>3</sup> Alternative Fédérative des Associations de Psychiatrie

11. Dr Kari Pylkkänen – **Finland** – Finnish Psychiatric Association; **Vice-President, Section of Psychiatry**
12. Dr Miquel Roca Bennasar – **Spain** - Spanish Society Of Psychiatry
13. Dr Harald Sontag – **France** – French Association of Psychiatrists
14. Prof László Tringer – **Hungary** - Hungarian Psychiatric Association
15. Dr Roland Urban – **Germany** – Professional Association of German Psychiatrists

Dr Strachan opened the meeting by congratulating Dr Pylkkänen, Dr Mauthner, Dr Cassidy and Dr Saliba on being elected to their respective offices. He also welcomed Dr Ian Soosay who was attending the meeting to offer expertise on competency based training.

## **2. To receive and approve the minutes of the last meeting**

The minutes of the meeting of the European Board of Psychiatry held on 27 April 2007 in Izmir, Turkey were approved as the correct record of the proceedings with one correction.

## **3. Matters arising from the minutes not covered by this agenda**

There were none.

## **4. CME - Standing/Evaluating Committee feedback**

Prof Hodiamont gave a brief outline on the work of the Committee. It was functioning smoothly and members worked well together. The current EACCME standards made it difficult to assess events, particularly to gauge the influence of pharmaceutical industry. The Committee agreed to develop psychiatry specific criteria to address this particular issue.

The current guidelines stipulated that pharmaceutical sponsorship must be clearly marked and not excessive. Delegates reported what arrangements their national associations put in place to address this problem. In Slovakia, independent observers attended Pharma-sponsored events at the organisers' expenses. Should they report a disproportionate level of pharmaceutical presence at the meeting the Slovak Psychiatric Association would decline future applications for accreditation from the offending organiser. In Switzerland, events sponsored by single pharmaceutical company were not approved.

Occasionally, the CME Evaluating Committee found itself under some pressure to approve certain events. Delegates expressed concern as this compromised the impartiality and fairness of the evaluation process.

CME Evaluating Committee received an application for approval of an e-learning CME programme from the UK. This was an excellent CME tool, the first of its kind in Europe, free from Pharma influence and individually tailored to one's needs. However, the existing criteria did not provide a mechanism for considering such programmes. There were no specifically defined criteria for assessing scientific excellence.

## **5. Audit of training schemes – current situation**

Dr Strachan reported that the University of Alcalá de Henares had now formally requested an audit and the questionnaire had been sent but it had not yet been submitted. It was important to note the benefits of the Board's audit visits as demonstrated by the German example. Following the two successful visits – to Lübeck and Freiburg – the German Society of Psychiatry, Psychotherapy & Neurology decided to roll out the audit system across the country. They had already conducted two audit visits themselves and the system was becoming a routine in Germany. Dr Strachan reiterated that the Board would be happy to assist any country considering the introduction of a national accreditation system of training programmes.

## **6. Report from the European Federation for Psychiatric Trainees**

Dr Norström informed the delegates that their last forum was held in Athens, in May this year. Their current working groups focused on the website development, working conditions for trainees, competency based training, child and adolescent psychiatry and relations with patients and carers. Switzerland and Russia had become the latest voting members. Norway, Slovakia and Belgium had lost their voting rights as they failed to send their delegates for two consecutive years. The EFPT had recently made contact with EUFAMI<sup>4</sup>, whose 4<sup>th</sup> congress was held in Poland in September.

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<sup>4</sup> European Federation of Associations of Families of People with Mental Illness

The EFPT would also like to make a formal request to join the European Taskforce currently consisting of UEMS, AEP, WHO and WPA. The trainee organisation felt that it was important for trainees to join the debate on the future of psychiatry in Europe and the Taskforce was the appropriate platform for them to raise issues relevant to training.

The next EFPT forum would be held in Stockholm in May 2008.

Dr Strachan thanked Dr Norström for her report.

## **7. Report from the Permanent Working Group for Junior Doctors**

Dr Chaudhry reported that the PWG website had recently been updated and made user friendly. The link to the main UEMS website was installed but not to the Section and Board site.

According to PWG data, the EWTD<sup>5</sup> was only followed in two countries. The EWTD was discussed in May this year and PWG member organisations were asked to lobby their governments on the proposed revision of the EWTD implementation and its consequences for health services in Europe. The main point of contention seemed to be whether the inactive part of on-call should be considered as working time. The PWG position was that it should but the EC Commission held the opposite view.

The PWG was considering establishing a permanent secretariat either in Brussels in the UEMS building or in the premises of one of the medical associations.

Dr Strachan thanked Dr Chaudhry for his informative report.

## **8. Nomination of the Electoral Committee**

In view of a single nomination submitted for the post of Vice-President voting was not required.

## **9. Election of the Officers**

Prof Slavko Zihel, currently holding the post of Vice-President of the Board was elected unopposed for the second term in office. Dr Strachan congratulated him on this nomination on behalf of all the delegates.

## **10. Reports from delegates**

It was agreed not to minute verbal reports from delegates. Brief summaries of national developments were given.

## **11. Reports from the Working Groups:**

### **a. Liaison Psychiatry and Psychosomatics**

Dr Georgescu reported that the work on the first part of the report – definition of terms – had already begun. Part 2 of the report would comprise a recommendation. The working group agreed that it would not be productive to conduct a survey. They would produce a position paper instead.

### **b. Competence-based training in psychiatry**

Dr Saliba reported that the working group had looked at a number of sources (the CanMEDS framework, the ABPN curriculum, the Royal College of Psychiatrists in the UK) to identify competences under each heading of the UEMS Profile of a Psychiatrist. The work was being carried out in small groups each taking one domain. This was a very complex task and required face to face discussions. It was suggested that a few members of the working group should meet in person some time prior to the spring meeting to prepare the first draft for Copenhagen. This would have cost implications of about €3000 (travel and accommodation for four). The Board was unable to cover these expenses so the delegates would have to find their own funds.

### **c. Standing Committee on CME**

It was agreed that applications would be copied to both the honorary and the administrative secretaries to maintain correct records of approved events.

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<sup>5</sup> European Working Time Directive

## **12. Any other business**

### **a) CPD online – proposal of the Royal College of Psychiatrists**

As mentioned earlier under item 4a) the Royal College of Psychiatrists had produced an entirely web-based CPD programme that guaranteed industry-free learning, specifically tailored to individual needs that could be undertaken in one's own time and pace. National psychiatric associations were encouraged to contact the College for details of how to subscribe, or the possibility to collaborate, translate some of the modules, etc. Individual members of the UEMS could also subscribe.

### **b) Early intervention in psychosis**

The Board had been asked to provide information on mandatory teaching requirement in the curriculum on principles of early intervention in psychosis. The email would be circulated to delegates for action.

Dr Strachan thanked the Swiss Society of Psychiatry and Psychotherapy for their hospitality in hosting the meeting and Dr Kubli Bauer and Dr Georgescu in particular for all their efforts in ensuring the smooth running of the meeting. Thanks were also given to Joanna Carroll for her support of the Section's and Board's work.

## **13. Dates of future meetings**

24-26 April 2008 – Copenhagen, Denmark

11-13 October 2008 – Ghent, Belgium

April 2009 – Budapest, Hungary