



# UNION EUROPÉENNE DES MÉDECINS SPÉCIALISTES EUROPEAN BOARD OF PSYCHIATRY AUTUMN MEETING

APPROVED Minutes of the 27<sup>th</sup> meeting of the UEMS<sup>1</sup> Board of Psychiatry held in Košice, Slovakia, on Saturday, 8<sup>th</sup> October 2005.

## 1. Present

Prof Jacek Bomba - Poland - Polish Psychiatric Association  
Dr Pedro Cabral Varandas - Portugal - Portuguese Medical Association  
Dr Brendan Cassidy - Ireland - Irish Medical Organisation  
Dr Homayon Chaudhry - Switzerland - PWG<sup>2</sup>  
Prof Can Cimilli - Turkey - Psychiatric Association of Turkey  
Dr Dan Georgescu - Switzerland - Swiss Society of Psychiatry and Psychotherapy  
Dr Torben L Hansen - Denmark - Danish Psychiatric Association; President, Section (newly elected)  
Prof Edvard Hauff - Norway - Norwegian Medical Association  
Prof Paul Hodiamont - Netherlands - Dutch Psychiatric Association, Vice-President, European Board  
Prof Lars Jacobsson - Sweden - Swedish Medical Association  
Prof Matti Joukamaa - Finland - Finnish Psychiatric Association  
Dr Roberts Klotins - Latvia - EFPT<sup>3</sup>; President  
Dr Astrid Kubli Bauer - Switzerland - Swiss Society of Psychiatry and Psychotherapy  
Prof Gerhard Lenz - Austria - Austrian Association for Psychiatry & Psychotherapy  
Assoc. Prof Nils Lindefors - Sweden - Swedish Psychiatric Association  
Dr Anne Lindhardt - Denmark - Danish Psychiatric Association; President, Section of Psychiatry (outgoing)  
Dr Bernard Maillet - Secretary General, UEMS Council  
Dr Lucien Manuceau - France - French Association of Psychiatrists  
Dr Brigitte Mauthner - Austria - Austrian Medical Chamber  
Dr Françoise Matthys - Belgium - Belgian Association of Neurologists and Psychiatrists  
Dr Eva Pálová - Slovakia - Slovak Psychiatric Association, Vice-President, Section for Psychiatry  
Prof Yiannis Papakostas - Greece - Hellenic Psychiatric Association  
Prof Andreas Parashos - Greece - Hellenic Psychiatric Association  
Dr Kari Pykkänen - Finland - Finnish Psychiatric Association; Vice-President, Section for Psychiatry  
Dr Harald Sontag - France - French Association of Psychiatrists  
Dr James Strachan - UK - Royal College of Psychiatrists; President, European Board of Psychiatry  
Dr Roelof ten Doesschate - The Netherlands - Dutch Psychiatric Association; Treasurer, Section and Board  
Prof László Tringer - Hungary - Hungarian Psychiatric Association  
Dr Ivan Tuma - Czech Republic - Czech Psychiatric Association  
Dr Roland Urban - Germany - Professional Association of German Psychiatrists  
Dr Andreas Zachariadis - Greece - EFPT, President-Elect  
Mrs Joanna Carroll - UK - Royal College Psychiatrists; Administrative Secretary, Section & Board

## 2. Apologies received

Prof Dinesh Bhugra - UK - Royal College of Psychiatrists  
Dr Tsvi Fischel - Israel - Israeli Psychiatric Association  
Prof Michal Hrdlicka - Czech Republic - Psychiatric Association of Czech Medical Society  
Dr Slađana Ivezić - Croatia - Croatian Medical Association, Society for Clinical Psychiatry  
Prof Levent Küey - Turkey - Turkish Psychiatric Association  
Dr Andres Lehtmet - Estonia - Estonian Psychiatric Association  
Dr James O'Boyle - Ireland - Irish Psychiatric Training Committee  
Dr Miquel Roca Benasar - Spain - Spanish Society of Psychiatry  
Dr Joseph Saliba - Malta - Maltese Association of Specialists in Psychiatry; Secretary, Section and Board  
Assoc. Prof Slavko Zihel - Slovenia - Psychiatric Association of Slovenia, Medical Chamber of Slovenia; Vice-President, European Board of Psychiatry

The President welcomed the delegates to Košice and thanked Dr Pálová and her association for inviting the Section and Board to Slovakia.

<sup>1</sup> EUROPEAN UNION OF MEDICAL SPECIALISTS

<sup>2</sup> PERMANENT WORKING GROUP FOR JUNIOR DOCTORS

<sup>3</sup> EUROPEAN FEDERATION OF PSYCHIATRIC TRAINEES

**3. To receive and approve the minutes of the previous meeting**

The minutes of the meeting held on 16<sup>th</sup> April 2005 in Turin were approved subject to two minor amendments.

**4. Matters arising from the minutes not covered by this agenda**

There were none.

**5. Review of reports**

A number of reports approved by the Section and Board were outdated and needed to be reviewed. The President asked for volunteers to look at one report each before the next meeting to recommend which reports needed updating and to make suggestions as to how this should be carried out. The delegates agreed that the report on 'Psychiatrists Practising in Europe' should be withdrawn with immediate effect.

The following delegates agreed to review the following reports:

Dr Zachariadis, Dr Klotins and Dr Chaudhry: *Postgraduate Exchange in Psychiatric Training, Part-Time Training*

Prof Hodiament: *Social and Community Psychiatry*

Dr Vavrusová: *Biological Psychiatry*

Prof Hodiament and Dr Strachan: *Mental Health Legislation in Europe 1998*

Dr Pálová: *Standards in Specialist Psychiatric Care*

The report on *Old Age Psychiatry* approved in October 2001 would be reviewed by the new working group chaired by Dr Georgescu.

It was agreed that a new working group would be set up to review the report on *Consultation and Liaison Psychiatry and Psychosomatic Medicine*.

ACTION: delegates to report at next meeting
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**6. The Taskforce - CME**

For the benefit of new members it was clarified that the establishment of the European CME Taskforce was one of the outcomes of the Europe-wide co-operation initiative involving supranational psychiatric and medical associations, i.e. the WPA, the AEP, the WHO and the UEMS. The overall responsibility for monitoring the CME accreditation process in Europe lay with the UEMS European Accreditation Council for CME (EACCME) whereas the Taskforce was given specific responsibility for accrediting psychiatric events. The chairmanship of the Taskforce rotated. Dr Maillet confirmed that the EACCME valued the collaboration with the CME Taskforce and hoped this would strengthen the accreditation process and contribute to the credibility of the EACCME as a non-profit body in the field.

The Taskforce adopted the following CME principles at their meeting in September 2005:

- The accreditation process of CME is monitored at the European level by the UEMS EACCME.
- Quality assurance and the allocation of credits of European CME in psychiatry is the responsibility of the CME Evaluation Committee of UEMS-AEP-WPA Taskforce.
- Organisations providing CME activities in Europe may apply to EACCME for European Accreditation for some of their activities. EACCME does not accredit providers of CME. Only specific events may be accredited.
- European CME should be free from commercial bias. Profit-making organisations may not apply for European accreditation. Financial support for CME activities coming from commercial organisations is acceptable if it accords with the specified standards.
- Learning objectives of psychiatric CME activities should be clearly defined according to the mental health needs of the population as perceived by patients, carers and psychiatrists.
- European CME is committed to evidence-based research and practice.
- European CME provides a mechanism for giving international credits for European events and for improving the quality of training activity.

**7. Proposals for new working groups**a) Old Age Psychiatry

Dr Georgescu put forward a proposal for a working group on old age psychiatry. Several areas of focus were identified during discussion including organisation of specialist services, training arrangements, status of the speciality in European countries, reduction of discrimination and the role of psychiatrists in dementia care.

The group's first task would be to review the questionnaire used by the previous group on old age psychiatry chaired by Prof Anthony Mann. The proposal for this working group was accepted. Dr Vavrusová and Dr Tuma joined Dr Georgescu to form the group.

b) Liaison Psychiatry

This proposal was mentioned informally by Prof Hohagen at previous meetings but no written submission had been received and the issue was deferred to the next meeting.

**ACTION: Prof Hohagen to submit proposal in writing**

**8. Reports from the Working Groups**c) CME

Dr Lindhardt informed the meeting that she accepted the role of Vice-chair of this WG. The WG focused on its relations with the CME Taskforce. Prof Gómez-Beneyto was the current chair of the CME Evaluation Committee. It was agreed that the CME WG of the Board could assist him to evaluate individual applications. This would be formalised in the WG report to be produced by autumn 2006.

d) Undergraduate Teaching

Dr Mauthner chaired the meeting in Prof Bhugra's absence. The group agreed that undergraduate teaching should really be discussed in the context of its impact on recruitment. It was, therefore, suggested that the working groups on recruitment and undergraduate teaching should merge subject to both chairs' approval.

e) Visit Feedback

This working group did not meet on this occasion.

f) Old age Psychiatry

Dr Georgescu reported that Dr Vavrusová was nominated Vice-chair. It was suggested that the WG should be attached to both the Board and the Section as it would be looking at issues relevant to both. Its aim was to produce a report would not only reflect the recent changes in old age psychiatry speciality but would also provide national psychiatric organisations with an instrument that would enable them to propose structural improvements. To achieve this, a survey should be carried out to examine the current situation and also to assess whether the recommendations in the previous report had been implemented and what impact it had had. The final report of this working group should be ready in 2008.

**9. European survey of specialist training in psychiatry - report for publication**

In Prof Hohagen's absence Dr ten Doesschate reported that the final version of the report on the European survey of training should be available by the end of the year. Delegates asked if the report would be available for feedback before publication as there were concerns during the presentation of the results. This would be clarified with Prof Hohagen.

**ACTION: JC to clarify with Prof Hohagen delegate feedback before publication of report**

**10. European training scheme audit - Freiburg**

Dr Strachan reported on a recent visit to Freiburg by the German Society of Psychiatry, Psychotherapy and Neurology which he attended as an observer for the UEMS.

The Freiburg visit followed the November 2004 audit of training in Lübeck which was the first of such visits in Germany. It was led by UEMS officers and had prompted the German society to take the process of national audit further. The German society had adapted the UEMS model and had specifically incorporated the UEMS principles of active involvement of trainees in the process of assessment and feedback. It was hoped that this audit process would now develop further in Germany and to encourage this, a report in a German medical journal was in process of submission.

It remained a challenge for the UEMS Board of psychiatry to further extend the audit process if it was to make a significant contribution to quality assurance in respect of training. This would require ownership at a national level and the development of appropriate systems nationally.

Members of the UEMS Board of Psychiatry maintained their offer of assistance in initiating the audit process following the success of this in Germany. There was also a possibility of UEMS delegates joining audit visits in countries with well established accreditation processes such as the UK and the Netherlands.

Dr Strachan emphasised that the purpose of audit was to support trainers and trainees in their endeavours. The process should identify strengths as well as challenges for future developments. It should constitute part of a cycle of review undertaken at regular intervals.

It was reported that Denmark had recently established a national audit system. The possibility of the UEMS psychiatry Board observers joining the visit as had happened in Germany, would be discussed in Denmark and a request for UEMS involvement should follow.

It was suggested that the working group previously chaired by Prof Schudel should be reconstituted with a remit to review recommendations.

**ACTION: National training audit system on agenda for next meeting**

#### **11. Review of the Training Charter**

Dr ten Doesschate reported that the Training Charter was circulated to all delegates but no comments were received. This would indicate that there was a general consensus as to the content of the Charter. However, following the approval of the Profile of a Psychiatrist it would be sensible to update the format to ensure this concurred with the competences identified in the Profile and to identify the levels to be achieved. Dr ten Doesschate and Prof Gómez-Beneyto agreed to review the format over the next two years before the Charter was reviewed again. The Charter was approved in its present format for another two years.

It was noted that the Charter had an considerable impact and had been translated in some countries.

**ACTION: Dr ten Doesschate and Prof Gómez-Beneyto to review format and report by autumn 2007**

#### **12. Report from the European Federation for Psychiatric Trainees (EFPT)**

Dr Andreas Zachariadis, President-Elect, gave a brief report on recent activities of the EFPT. The 13<sup>th</sup> EFPT forum took place in Istanbul in May 2005. It was attended by delegates from 21 countries, of which 17 were full members and 4 candidate members. It mainly focused on two issues: the establishment of a well organised exchange programme and making their website user-friendly.

Their next annual forum would be held in Riga in June 2006. The main themes would include social psychiatry in training, financing of training, the exchange programme and the website. The 2007 forum would be held in Greece.

Dr Zachariadis emphasised the importance of cooperation between the UEMS and the EFPT which allowed trainees to exchange experiences with senior colleagues. The EFPT shared the UEMS objective of harmonisation of training in Europe which could only be achieved through communication and cooperation.

#### **13. Report from the PWG**

Dr Homayon Chaudhry representing the PWG attending his first Board meeting said he would report at the next Board meeting.

#### **14. Any other business**

Dr Manuceau presented a paper for information concerning ethical treatment of children which had implications for legal structures and had relevance to adult psychiatry in respect of issues arising from sexual abuse.

The President thanked Dr Maillet for attending the meeting as delegates always found his advice helpful.

Particular thanks were given to Dr Pálová and Dr Vavrusová for organising an excellent meeting and for their association's hospitality, particularly with regards to a very full social programme which was much appreciated.

**15. Dates of future meetings**

6-8 April 2006 - Vienna, Austria

5-7 October 2006 - Deventer, The Netherlands

Spring 2007 - Izmir, Turkey

Autumn 2007 - Geneva, Switzerland

Spring 2008 - Copenhagen, Denmark