



UNION EUROPÉENNE DES MÉDECINS SPÉCIALISTES

EUROPEAN BOARD OF PSYCHIATRY

APPROVED Minutes of the 23rd meeting of the European Board of Psychiatry held in Zagreb, Croatia on 9th October 2004.

1. Present

Dr Julian Beezhold - **United Kingdom** - EFPT¹

Prof Dinesh Bhugra - **United Kingdom** - Royal College of Psychiatrists

Prof Jacek Bomba - **Poland** - Polish Psychiatric Association

Dr Pedro Cabral Varandas - **Portugal** - Portuguese Medical Association

Prof Can Cimilli - **Turkey** - Psychiatric Association of Turkey

Dr Defne Eraslan - **Turkey** - EFPT

Dr Tsvi Fischel - **Israel** - Israeli Psychiatric Association

Prof Pier Maria Furlan - **Italy** - Italian Psychiatric Association

Dr Dan Georgescu - **Switzerland** - Swiss Society of Psychiatry and Psychotherapy

Prof Manuel Gómez-Beneyto - **Spain** - Spanish Association of Neuropsychiatry; **President, European Board of Psychiatry**

Dr Torben L Hansen - **Denmark** - Danish Psychiatric Association

Prof Edvard Hauff - **Norway** - Norwegian Medical Association

Prof Paul Hodiamont - **Netherlands** - Dutch Psychiatric Association

Dr Slađana Ivezić - **Croatia** - Croatian Medical Association, Society for Clinical Psychiatry

Prof Matti Joukamaa - **Finland** - Finnish Psychiatric Association

Dr Astrid Kubli Bauer - **Switzerland** - Swiss Society of Psychiatry and Psychotherapy

Prof Gerhard Lenz - **Austria** - Austrian Association for Psychiatry & Psychotherapy

Dr Anne Lindhardt - **Denmark** - Danish Psychiatric Association; **President, Section for Psychiatry**

Dr Brigitte Mauthner - **Austria** - Austrian Medical Chamber

Prof Michael Musalek - **Austria** - AEP²

Dr James O'Boyle - **Ireland** - Irish Psychiatric Training Committee

Dr Eva Palová - **Slovakia** - Slovak Psychiatric Association

Prof Andreas Parashos - **Greece** - Hellenic Psychiatric Association

Dr Kari Pylkkänen - **Finland** - Finnish Psychiatric Association; **Vice-President, Section for Psychiatry**

Dr James Strachan - **United Kingdom** - Royal College of Psychiatrists; **Vice-President, Section for Psychiatry**

Dr Roelof ten Doesschate - **The Netherlands** - Dutch Psychiatric Association; **Treasurer, Section and Board of Psychiatry**

Dr Roland Urban - **Germany** - Professional Association of German Psychiatrists

Dr Ivan Tuma - **Czech Republic** - Psychiatric Association of the Czech Medical Society

Assoc. Prof Slavko Zihel - **Slovenia** - Psychiatric Association of Slovenia, Medical Chamber of Slovenia; **Vice-President, European Board of Psychiatry**

Mrs Joanna Carroll - **United Kingdom** - Royal College Psychiatrists (in attendance)

2. Apologies

Dr Brendan Cassidy - **Ireland** - Irish Medical Organisation

Dr Anne Kleinberg - **Estonia** - Estonian Psychiatric Association

Prof Michal Hrdlicka - **Czech Republic** - Psychiatric Association of Czech Medical Society

Prof Fritz Hohagen - **Germany** - German Association of Psychiatry, Psychotherapy & Nervous Diseases; **Vice-President, Section for Psychiatry**

Prof Blanka Kores Plesničar - **Slovenia** - Psychiatric Association of Slovenia, Medical Chamber of Slovenia

Dr Andres Lehtmets - **Estonia** - Estonian Psychiatric Association

Assoc. Prof Nils Lindefors - **Sweden** - Swedish Psychiatric Association

¹ EUROPEAN FEDERATION OF PSYCHIATRIC TRAINEES

² ASSOCIATION OF EUROPEAN PSYCHIATRISTS

Dr Matt Muijen - **Denmark** - WHO³

Prof Stein Opjordsmoen - **Norway** - Norwegian Psychiatric Association

Prof Yiannis Papakostas - **Greece** - Hellenic Psychiatric Association

Dr Brian Parsons - **Ireland** - PWG⁴

Dr Miquel Roca Benasar - **Spain** - Spanish Society of Psychiatry

Dr Joseph Saliba - **Malta** - Maltese Association of Specialists in Psychiatry; **Secretary, Section and Board of Psychiatry**

Dr Harald Sontag - **France** - French Psychiatric Association

Prof László Tringer - **Hungary** - Hungarian Psychiatric Association

Dr Lindhardt thanked Prof Gómez-Beneyto for his time as President of the Board and expressed her hope that he would continue to represent his organisation in the Section and Board as his professional knowledge and experience were invaluable.

Prof Gómez-Beneyto thanked Dr Lindhardt, welcomed everyone present to the meeting and outlined the agenda for the day.

3. To receive and approve the minutes of the last meeting

The minutes were approved as the correct record of the proceedings at the meeting in Edinburgh on 3 April 2004.

4. Matters arising from the minutes

There were none.

5. Elections procedures

Prof Gómez-Beneyto reiterated the election procedure circulated prior to the meeting, which was accepted by the delegates as correct. The Treasurer clarified that only countries that had paid their subscription in full, i.e. not only for all the previous years but also for the current year, had a right to vote. The Treasurer circulated an up to date sheet detailing the subscription payments received to date. Dr O'Boyle, Dr Tuma and Prof Bhugra volunteered to form the election committee. The meeting broke up at this point for the working group meetings. The agenda was resumed again at 10.30 with the Officers' election.

6. Officers' election

Dr O'Boyle, nominated Chair of the Election Committee, asked the candidates, Dr Strachan for the President and Prof Hodiamont for the Vice-President, to give a brief, five minute statements outlining their plans for the future in the office. Dr Strachan said that being a President of the Board would be an exciting challenge and that he would like to use this opportunity to confront the issue of stigma in psychiatry and to continue the drive to improve psychiatric practice standards through training. He felt privileged to be nominated.

Prof Hodiamont said that rapid changes in training programmes and methods in the last few years had posed quite a challenge to both trainers and their trainees who had to learn a lot to keep up with the developments. His main aim, should he be elected Vice-President, would be to harness the expertise of his colleagues to help produce competent future psychiatrists in Europe.

The candidates then left the room and Dr O'Boyle invited comments about the validity and acceptability of the candidates. It was pointed out that the letter circulated before the meeting did not specify the procedure to be followed in a situation that had occurred in this election whereby there was only one candidate nominated for each office. Some delegates argued that when voting was about individuals it should always be carried out by secret ballot to ensure anonymity. Others pointed out that in case of a single uncontested nomination the candidate should be elected by default. The Chairman of the Election Committee decided that in view of the procedures approved by the delegates the voting must be carried out by secret ballot to avoid further contentions about the validity of the election.

According to the list tabled by the Treasurer fifteen countries of those present at the meeting were entitled to vote. The ballot papers were distributed and voting was carried out. The Election Committee

³ World Health Organisation

⁴ Permanent Working Group for Junior Doctors

collected the ballot papers and retired into a separate room to count the votes. Dr Strachan received 13 votes and Prof Hodiamont 15.

Dr Strachan took chair and thanked Dr O'Boyle for chairing the Election Committee. He thanked Prof Gómez-Beneyto for his contribution to the work of the Board as President and said it would be a challenge to meet the standards Prof Gómez-Beneyto had set.

7. Reports from the Working Groups

(a) CME

The harmonisation of CME standards in Europe was a difficult task due to the fact that in most countries decisions on CME were made at government level and the UEMS had no authority over policy making bodies. The working group decided to abandon the idea of setting up a body for European CME accreditation as unworkable. It recommended instead that an advisory body be established to advise the EACCME on CME in psychiatry at a European level.

The working group was planning to draft a questionnaire to help identify differences in CME across Europe. The first draft should be ready for the Turin meeting.

(b) Undergraduate Teaching

The group recognised that the UEMS had no authority to set minimum standards for undergraduate teaching as it was the matter for medical schools. The working group agreed, however, that it was important to promote the teaching of psychiatry in medical schools to raise the profile of this profession. The working group was planning to draft a questionnaire. This would be presented at Turin.

(c) Visit Feedback

The working group discussed the Section and Board's visit to the Zagreb hospital. The discussion revealed a great variety of opinion. The group agreed the feedback should be simple in format and given only on express prior request from the host. It should only refer to a particular institute visited and should not reflect on other places in the country. The format of the feedback had not yet been agreed. This would be further discussed in Turin.

8. Report from the CME Task force

The CME Task Force would adopt the role of an advisory body to the EACCME. Applications received by the EACCME for CME accreditation of psychiatric events would be forwarded to the Task Force for assessment. A small group consisting of the members of this Board would be set up to assess both the documentary evidence of content of the event as well as its delivery. This was agreed.

The next meeting of the Task Force would be held in Florence on 10-15 November. Dr Maillet of the UEMS MC⁵ would give a lecture on CME and developments in community psychiatry in Europe.

9. European survey of specialist training in psychiatry - preliminary results

In Prof Hohagen's absence Dr ten Doesschate reported that at least 300 replies were received. The non-respondents would receive reminders in due course.

10. European training scheme accreditation

Dr Strachan and Prof Hodiamont would visit Lübeck 1-2 November 2004. with Prof Hohagen they would feedback at the meeting in Turin on the use of the UEMS scheme assessment questionnaire.

11. Reports from the Trainees

(a) The European Federation for Psychiatric Trainees (EFPT)

Dr Beezhold began his report by congratulating Dr Strachan and Prof Hodiamont on their appointments. The EFPT annual forum was held in Cambridge this year on 16 - 19 June 2004. It was attended by delegates from fifteen European countries representing some 12.5 thousand trainees across Europe. Several new policy statements on a number of educational issues were adopted and further progress was made in collating the data in the psychiatric trainees' satisfaction survey. A new Executive Board was elected in Cambridge with the following results:

President - Dr Defne Eraslan (Turkey)

President Elect - Roberts Klotins (Latvia)

Past-President - Julian Beezhold (United Kingdom)

⁵ Management Council

General Secretary - Mie-Bonde Hansen (Denmark)

Treasurer - Tanja Suomela (Finland)

The EFPT's main aim was to represent in one body the views of all psychiatric trainees in child and adolescent psychiatry, psychotherapy or adult psychiatry. It promoted the ways in which trainees could advance and improve their own training in a European setting, thus providing the highest possible standards of treatment and care in psychiatry and to encourage the development of national trainees bodies in all European countries. The Forum gave trainees the opportunity to develop organisational structures that would give them an input into the evolution of European Training Standards. The EFPT had extensive links with other international organisations such as the UEMS, the WPA Young Psychiatrists Task Force, the AEP, the ESCAP, the IACAPAP, etc.

Prof Gómez-Beneyto thanked Dr Eraslan and Dr Beezhold for their exhaustive and informative report.

(b) The Permanent Working Group for all European Junior Doctors

In Dr Parson's absence there was no report.

12. Collaboration with other organisations

This was extensively discussed throughout the meeting of the Section and Board.

13. Any other business

There was none.

14. Date of next meeting

14-16 April 2005 - Turin, Italy

6-8 October 2005 - Košice, Slovakia

April 2006 - Vienna, Austria