



UNION EUROPÉENNE DES MÉDECINS SPÉCIALISTES

EUROPEAN BOARD OF PSYCHIATRY

APPROVED Minutes of the 17TH meeting of the European Board of Psychiatry held in Kraków on 6 Oct 2000

1. Present

Professor M Gomez-Beneyto – Spain – Asociación Española de Neuropsiquiatría
Dr H Aggernaes – Denmark – Danish Psychiatric Association
Dr R ten Doesschate – Netherlands – Nederlandse Vereniging voor Psychiatrie
Professor J Furedi – Hungary – Hungarian Psychiatric Association
Professor F Hohagen – Germany – Deutsche Gesellschaft für Psychiatrie, Psychotherapie und Nervenheilkunde
Dr E Hagemo – Norway – Norwegian Medical Association
Dr S Iveziæ – Croatia – Croatian Medical Association, Society for Clinical Psychiatry
Professor P König – Austria – Osterr Gesellschaft für Neurologie und Psychiatrie (OGNP)
Dr V Martin – Belgium – Association Professionelles Belge des Neurologues et des Psychiatres
Professor M Musalek – Vienna – Department of Psychiatry, University of Vienna
Dr J O'Boyle – Ireland – Irish Psychiatric Training Committee
Professor S Opjordsmoen – Norway – Norwegian Medical Association
Dr A Parashos – Greece – Hellenic Psychiatric Association
Professor A Piotrowski – Poland – Polish Psychiatric Association
Dr K Pykkänen – Finland – Finnish Psychiatric Association
Professor A Rabavilas – Greece – Hellenic Psychiatric Association
Dr J Saliba – Malta – Medical Association of Malta/Association of Maltese Psychiatrists
Professor W J Schudel – The Netherlands – Nederlandse Vereniging voor Psychiatrie
Dr H Sontag – France – Association Française de Psychiatres
Dr C Smith – Ireland – Irish Medical Association
Professor R Salokangas – Finland – Finnish Psychiatric Association
Dr K-O Svård – Sweden – Swedish Psychiatric Association
Dr K Treichel – Germany – EFPT
Dr I Tuma – Czech Republic – Psychiatric Association of the Czech Medical Society
Dr R Urban – Germany – Berufsverband Deutscher Nerven Ärzte (BVDN)
Dr P Varandas – Portugal – Portuguese Medical Association
Dr S Zihel – Slovenia – Slovenia Psychiatric Association

In attendance

Dr A Dean – United Kingdom – Royal College of Psychiatrists

2. Apologies

Dr A Argyriou – Cyprus – Cyprus Psychiatric Association
Dame Fiona Caldicott – United Kingdom – Royal College of Psychiatrists
Professor P M Furlan – Italy – University of Turin, San Luigi Gonzaga Hospital
Prof C Katona – United Kingdom – Royal College of Psychiatrists
Dr J Laboutiere – France – Association Française de Psychiatres
Professor P Lievens – Belgium – Association Professionnelle Belge des Neurologues et des Psychiatres
Dr A Lindhardt – Denmark – Danish Psychiatric Association
Professor A Mann – United Kingdom – Royal College of Psychiatrists
Dr V Nybäck – Sweden – Swedish Psychiatric Association
Dr G Zarotti – Switzerland – Swiss Society of Psychiatry and Psychotherapy

New Members

Professor Gomez-Beneyto was pleased to welcome the following new members to the meeting: Dr P F C Varandas from Portugal, Dr R Urban from Germany and Professor A Rabavilas from Greece.

3. **Minutes of the meeting held on 15 April 2000 in Strasbourg**

These were approved as a correct record with the exception of two minor amendments.

4. **Matters arising from the Minutes**

(a) **Charter on Training of Medical Specialists in the EU**

This had now been completed and the final document would be forwarded to the UEMS Management Council with a request that it should be included on their web page and mentioned in the UEMS Year Book.

5. **Visitation of Training Schemes**

Professor Schudel reported that two visitations had now taken place, the first in Budapest in October 1999 and the second in Krakow in October 2000. It had been decided that a Working Group should be established to prepare future visitation activities. Because of the sudden death of the Director of Training on the Krakow scheme, Professor Schudel wished to record his sincere thanks to Dr J Bomba who had taken over at very short notice the organisation of the Board and Section meetings of the UEMS, including the visitation to the Polish training scheme.

The Visiting Team had inspected the training scheme and, although it was clearly a very good scheme, because of many changes in Polish healthcare and in psychiatry in particular, it did not yet accord with European standards. At present, only the newest group of trainees was in fact working within the approved guidelines. It was agreed that a report on the visitation would be circulated at the next meeting of the European Board in Spring 2001; this would not be very detailed, but would include general impressions of and suggested recommendations for the scheme.

There was a general discussion about the desirability of trainees attending visitations, and it was noted that progress in this area was slow, mainly due to a lack financial support. It was agreed that this issue should be further discussed within the Working Group.

Professor Hohagen suggested that consideration might be given to the provisional recognition of training centres, and members of the Board warmly endorsed this notion. It was important for such centres to be given an incentive to improve their training, even if full facilities and resources were unavailable at the time. It was agreed that this issue should be given further consideration during the meeting of the Working Group. Dr Martin suggested that a website entry listing all centres which had received official recognition might be usefully established. The following individuals agreed to participate in the Working Group: Professor W Schudel, Dr S Zihlerl, Dr E Hagemo, Dr I Tuma, Professor J Furedi, Dr K Treichel.

Professor Gomez-Beneyto thanked Dr Bomba, Professor Piotrowski and their psychiatric team for so efficiently organising both the visitation to the Polish training scheme, and the European Board and Section Meetings.

6. **Working Group on Psychotherapy**

In the absence of Dr Lindhardt who had not yet arrived, it was agreed to defer discussion of this issue until the Section Meeting.

7. **Working Group on Glossary of Terms**

It was reported that this glossary had now been developed.

8. **Working Group on Quality Assurance**

Dr Svärd stated that the second report had been completed and would be fully discussed during the Section Meeting. It was noted that the remit of this Group was in fact very close to that of the Visitation Working Group, and Dr Svärd quoted from the Charter on Training as follows:

"1.3 - Quality Assurance – although the national authorities are responsible for setting up a programme for quality assurance of training in psychiatry, the European Board of Psychiatry will create a programme of requirements which will have to be taken into consideration by the national authorities." and

"1.4 – Recognition of Quality – the national authorities are responsible for implementing at national level a system of recognition of the quality of psychiatrists in accordance with national rules and EU regulations as well as with the requirements of the European Board of Psychiatry."

There was some discussion of other methods of quality assurance, including the use of logbooks and competency-based training. It was agreed that the Working Group should review these issues, and report to the Section Meeting.

9. Workshop on Training – American Psychiatric Association

This was attended by Professor Hohagen, Dr König, Dr Aggernaes and Professor Musalek. Professor Hohagen informed the meeting that the European Board of the UEMS had been invited by the APA to organise a symposium on training. However, no funds were available to cover travel expenses, with the result that many doctors who might have attended this symposium had been unable to do so. However, Professor Hohagen reported that representatives had attended from countries including South America, Montenegro and the United States and he had summarised the work undertaken by the European Board.

As a result, it had been agreed that representatives from the European Board should be invited to the next APA meeting. Professor Hohagen also reported that he had been appointed as a member of the Operational Committee on Education of the World Psychiatric Association (WPA).

10. Reports from Trainees

EFPT – Dr K Treichel – Dr Treichel reported that not many activities had taken place since the UEMS meeting in Strasbourg. The EFPT annual meeting had been held in Berlin where the format had included not just Working Groups but also scientific components. Thirty five delegates from nineteen countries had attended this meeting. Useful links had been established with summer schools organised in Eastern European countries, and trainees had found the meetings a helpful way of meeting their peers. Dr Treichel believed there was now much better continuity between meetings, and the next such meeting was scheduled to take place in May 2001 in Naples. Dr Treichel also reported that his term as President has now come to an end and his successor would be from Naples.

Dr Treichel suggested that the Working Group on Visitations should consider setting up a programme of trainee exchange visits within European training schemes. It was anticipated that these would run for relatively short periods, for example approximately three months. There was considerable discussion of this item, during which a number of members expressed interest in participating in a scheme of trainee exchange visits throughout Europe. A list of those members who were willing to participate would be sent to Dr Treichel in due course.

Dr Saliba suggested that, since language problems might preclude the likelihood of interactive training with patients, an alternative could be for exchange trainees to spend their time in other European countries producing a critique on how psychiatry was practised in the host country.

Dr O'Boyle suggested that, for this initiative to work effectively, contact must first be established between the various academic departments where trainees were located, and the scheme to be visited.

It was noted that there were considerable practical and logistical issues which needed addressing in order to progress this matter further, such as language problems, funding, insurance etc., and it was agreed that these matters should be discussed by the Working Group.

Dr Treichel reported that the EFPT might consider establishing a website homepage for its members to keep them updated on various educational developments and initiatives. Professor Gomez-Beneyto thanked Dr Treichel for his most interesting and valuable report.

11. Collaboration with other organisations

Professor Gomez-Beneyto reported that the European Board had been invited via Professor Hohagen to give reports on its activities at a meeting of the German Association of Psychiatry held in Aachen last year. This had proven to be a most interesting and useful meeting.

Professor Musalek reported that there would be a panel discussion at the Association of European Psychiatrists (AEP) meeting in Prague later this year on the future of education in Europe. The event would be chaired by Professor Musalek and Professor Sartorius.

Professor Musalek also reported that the AEP would welcome developing links with the UEMS website, and to work in close collaboration with the European Board in the development of CME courses for consultants. It had been suggested that these could take place at AEP conferences; interest had also been expressed in the development of courses for trainees at such events but that, for the present, courses would be aimed only at consultants.

It was reported that Dr Lindhardt had made contact with the World Health Organisation (WHO). It was agreed to defer this matter until the meeting of the Section was convened when Dr Lindhardt would be present.

Professor Hohagen reported that the World Psychiatric Association was planning for their next world congress which would be held in Yokohama in 2002. It was noted that both Professor Hohagen and the UEMS could contribute to the training programme of this meeting.

Dr Sontag reported that Dr Brian Martindale of the WPA had indicated that he would welcome more contact with the UEMS. This was agreed.

12. Feedback from delegates

There was a general discussion concerning the influence the UEMS meetings had had on training in various member countries, and on any developments/problems concerning psychiatric training which had arisen in those countries:

Slovenia: A new training scheme had been set up which accords to the Charter of the European Board. It was considered that this would greatly improve training and educational standards.

Belgium: Child Psychiatry would not become a separate speciality in Belgium in the immediate future.

France: Similarly, France had no separate speciality for Child Psychiatry.

Ireland: It was reported that problems were being experienced with training in neurology, since there was a shortage of neurologists in Ireland. It transpired from discussions which followed that this shortage was also being experienced in other countries. The Royal College of Psychiatrists' mandatory requirement of a one-hour per week Educational Supervision session for all trainees was proving difficult in practice, and Educational Supervisors were finding so much with their trainees excessive to actual requirements. There was much sympathy with this position, and Professor Gomez-Beneyto reported that the matter should be taken into account when the next revision of the Charter was underway.

13. Any other business

Dr Martin stressed the importance of establishing Euro-wide web-links with other European psychiatric associations on their various websites. It could also be useful to add strategic links to websites in general medicine. It was agreed that all issues relating to developing the UEMS website should be directed to Dr Martin.

14. Date of the next meeting

5-7 April 2001, Ljubljana, Slovenia.