



UNION EUROPÉENNE DES MÉDECINS SPÉCIALISTES EUROPEAN BOARD OF PSYCHIATRY

SPRING MEETING

Saturday, 17 April 2010 – Stockholm, Sweden

APPROVED MINUTES

1. Present

1. Dr Argyris Argyriou – Cyprus – Cyprus Psychiatric Association
2. Dr Roelof ten Doesschate – Netherlands – Dutch Psychiatric Association
3. Dr Elisabete Fradique – Portugal - Portuguese Medical Association
4. Prof George Garyfallos – Greece – Hellenic Psychiatric Association
5. Dr Dan Georgescu – Switzerland – Swiss Society of Psychiatry and Psychotherapy
6. Dr Domenico Giacco – Italy – EFPT
7. Prof Manuel Gómez-Beneyto – Spain – Spanish Association of Neuropsychiatry
8. Dr Marc Hermans – Belgium - Belgian Association of Neurologists and Psychiatrists
9. Prof Paul Hodiament – Netherlands – Dutch Psychiatric Association; Board Vice-President
10. Prof Fritz Hohagen – Germany - German Society of Psychiatry, Psychotherapy & Neurology
11. Dr Torsten Jacobsen – Denmark – Danish Psychiatric Association
12. Prof Nils Lindefors – Sweden – Swedish Psychiatric Association
13. Dr Lucien Manuceau – France – French Association of Psychiatrists
14. Dr Françoise Matthys – Belgium – Belgian Association of Neurologists and Psychiatrists
15. Dr Brigitte Mauthner – Austria – Austrian Medical Chamber, Section Vice-President
16. Dr Kajsa Norström – Sweden – Swedish Medical Association
17. Dr Jørgen Nystrup – Denmark – Danish Psychiatric Association
18. Dr Eva Pálová – Slovakia – Slovak Psychiatric Association; Section Vice-President
19. Dr Kari Pylkkänen – Finland – Finnish Psychiatric Association; Section President
20. Dr Joseph Saliba – Malta - Medical Association of Malta / Maltese Association of Specialists in Psychiatry; Honorary Secretary
21. Prof Henning Sass – Germany – EPA¹
22. Dr Christa Schaff – Germany – UEMS Section of Child and Adolescent Psychiatry
23. Dr James Strachan – UK – Royal College of Psychiatrists; Board President
24. Dr Roland Urban – Germany – Professional Association of German Psychiatrists
25. Dr Andreas Zachariadis – Greece - Hellenic Psychiatric Association

2. Apologies

1. Prof Jose Luis Ayuso-Mateos – Spain - Spanish Society of Psychiatry
2. Prof Mariano Bassi – Italy – Italian Psychiatric Association
3. Prof Jacek Bomba – Poland – Polish Psychiatric Association
4. Dr Andrew Brittlebank – United Kingdom – Royal College of Psychiatrists
5. Ms Joanna Carroll – UK – Royal College Psychiatrists; Administrative Secretary
6. Dr Brendan Cassidy – Ireland - Irish Medical Organisation; Treasurer
7. Prof Dr Can Cimilli – Turkey - Psychiatric Association of Turkey
8. Dr Tsvi Fischel – Israel - Israeli Psychiatric Association
9. Prof Edvard Hauff – Norway - Norwegian Medical Association
10. Dr Slađana Ivezić – Croatia - Croatian Medical Association / Society for Clinical Psychiatry
11. Dr Luboš Janu – Czech Republic - Czech Psychiatric Association
12. Dr Andreas Landsnes – Norway - Norwegian Psychiatric Association
13. Dr Lydia Liberman-Goldenberg – France - French Association of Psychiatrists
14. Dr Anne Kleinberg – Estonia - Estonian Psychiatric Association
15. Prof Blanka Kores Plesničar – Slovenia - Psychiatric Association of Slovenia
16. Dr Bernard Maillet – UEMS Secretary General
17. Dr Lucie Motlova – Czech Republic - Czech Psychiatric Association
18. Prof Michael Musalek – Austria - Austrian Society for Psychiatry and Psychotherapy
19. Dr Alexander Nawka – Czech Republic – EFPT²
20. Dr Martina Rojnic Kuzman – Croatia – EFPT
21. Prof Laszlo Tringer – Hungary - Hungarian Psychiatric Association
22. Dr Halis Ulaş – Turkey - Psychiatric Association of Turkey
23. Prof Veiko Vasar – Estonia - Estonian Psychiatric Association
24. Prof Slavko Zihrel – Slovenia - Psychiatric Association of Slovenia

¹ European Psychiatric Association (formerly Association of European Psychiatrists)

² European Federation of Psychiatric Trainees

3. To approve the minutes of the previous meeting

The minutes of the autumn meeting held in Ljubljana, Slovenia on 17 October 2009 were approved as the correct record of the proceedings with the following corrections: the title should read 'Autumn' not 'Spring'. Dr Marc Hermans (Belgium) was present at Section meeting.

ACTION: JC to amend the minutes and publish on online ✓

4. Matters arising from the minutes not covered elsewhere on the agenda

All matters arising from the previous minutes were covered by the current agenda.

5. The future of the Board of Psychiatry

Dr Strachan presented document B2-04/10 which highlighted the Board's current agenda hiatus and questioned whether the Board was currently carrying out its intended business. It voiced the concern that issues of training had been squeezed by Section items.

Prof. Hohagen recalled that over the years the balance between Section and Board agenda items had varied and there had been times when Board issues predominated. Board items such as training requirements, competency based training, visitation of training schemes, etc had made most practical impact outside the committee. He felt the fluctuations in agenda were inevitable and were not necessarily a reflection of lack of interest.

Several members questioned whether the work of the Section and Board was organised in the most effective way. It was agreed that retention of the Board ensured that educational and training matters were addressed. It was proposed that organisation of Section and Board meetings be changed to start the meeting on Friday with a formal opening by the Section President, followed by feedback from working groups (Section & Board), then moving on to Board issues and concluding with Section matters over the remainder of Friday and Saturday meetings.

It was suggested that the Athens meeting set aside time for a strategy discussion to identify the Section and Board's objectives for the next few years. This discussion should include the organisational structure of the Section, the Board, and working groups.

ACTION: Officers to pursue the above suggestions in anticipation of Athens agenda ✓

6. Training issues

a. Visitation of training schemes

Dr Strachan reported that he had been in correspondence with Prof. Tringer but unfortunately, the planned training scheme visit to Budapest could not take place because the costs could not be met. Subsequently, Prof. Tringer had intimated that psychiatry residency training in Hungary had run into difficulty as the government had stopped paying for the first two years of residency training and costs now had to be met by the employing authorities. As a consequence trainees were committed to work in the financing hospital for nine years or reimburse their entire previous training costs. Two thirds of trainees had signed a declaration threatening not to continue their residency training unless the government changed these plans. There had just been a change of central government and the policy of the new body had yet to be clarified. Hungary was particularly concerned with the number of its postgraduate doctors opting to work elsewhere in Europe. There were no other requests for training scheme appraisal visits by UEMS.

Prof Sass commented that there had been a similar decline in request for EPA's itinerant courses. Dr Norström indicated that major training and CPD changes in the Scandinavian countries were being implemented and this made it premature to ask for a visitation there. Prof Hodiamont postulated that there were two approaches to quality assurance – 'process based'(training) or 'product based' (exam) and ideally both should be undertaken. Training systems might feel threatened by having their process evaluated unless there was a sense of local ownership. Prof Hohagen recommended that rather than focus visits on one training centre it was more fruitful to help the national professional associations (NPA) introduce its own evaluation system as was successfully achieved with UEMS help in Germany.

Ways of ascertaining compliance with the Training Charter were also discussed. One suggestion was to link this to the twice per year UEMS visits to local training schemes as part

of its meetings. NPAs would have to take responsibility for organising this as it was felt unlikely that government agencies would have the practical knowledge or interest to do so. However, the diversity of training and service provision within countries would make it unlikely to give a representative perspective or result in the promotion of a uniform standard of training elsewhere. UEMS could help NPAs establish effective training evaluation by demonstrating and initiating the evaluation process but it would not be feasible to accredit every European training centres. Delegates were invited to remind their NPAs of the UEMS offer.

b. Accreditation Request from the Institute of Psychiatry, Ain Shams University, Cairo, Egypt

Dr Strachan referred to correspondence from the Institute of Psychiatry at Ain Shams University, Cairo regularly invited the Royal College of Psychiatrists to act as external auditor for the quality of training which this Institute and other centres provided. Ain Shams was now seeking UEMS accreditation of their doctoral degree. It was agreed that the UEMS Board of Psychiatry did not have this remit.

ACTION: Board Hon. Secretary to reply to Ain Shams University ✓

7. Report from the European Federation for Psychiatric Trainees

Dr Domenico Giacco (EFPT) reported:

- i. The finalisation of legal framework and constitution for EFPT's official recognition as an NGO, with by-laws to be finalised at next general assembly.
- ii. Data from national trainee association reports at forum in Cambridge had been analysed with results presented in April in Munich and submitted for publication.
- iii. Three working groups were set up to address the issues arising:
 - a. Shortfall in the 'Implementation of Training Programmes' – there was an absence of quality assurance concerning national curriculum frameworks and a significant gap between expectations of training systems at national level and the experience of trainees concerning actual delivery at local training scheme level.
 - b. 'Clinical Supervision' – this was found to be notably poor in emergency care with particular concern relating to trainee security and burnout.
 - c. 'Psychotherapy Training' – there continued to be insufficient clinical opportunities, funding and courses. A personal experience of psychotherapy was not a mandatory requirement in all countries and had to be self-financed in most.
- iv. A research group presented at the EPA conference on: Views of trainees on prescription psychotropics in major psychiatric illness, relationships between trainees and the pharmaceutical industry and medical educators' attitudes to psychiatry.
- v. The EFPT website was now more informative and Google groups had been started.
- vi. The next EFPT forum was in Dubrovnik. Dr Palova and Prof Sass were invited speakers.

8. Report from the Permanent Working Group for Junior Doctors

A PWG delegate was not present to report.

9. Any other business

There was none.

10. Dates and venues of future meetings

14 – 16 October 2010 – Athens, Greece

April 2011 – Tallinn, Estonia

October 2011 – Zagreb, Croatia

April 2012 – unallocated

October 2012 – unallocated

April 2013 – Helsinki, Finland

Vote of thanks

Dr Strachan thanked the Swedish Psychiatric Association and the Swedish Medical Society for hosting and supporting the meeting, and in particular Prof Lindefors and Dr Norström for overseeing its organisation. He also thanked Ms Carroll for her consistent commitment to the committees' smooth running. In the context of extensive transport disruption throughout Europe created by the volcanic eruption in Iceland, he wished everyone a safe and efficient journey home.