



UNION EUROPÉENNE DES MÉDECINS SPÉCIALISTES
EUROPEAN BOARD OF PSYCHIATRY
SPRING MEETING

Saturday, 26 April 2008 – Copenhagen, Denmark

APPROVED minutes

1. Present

1. Prof Dinesh Bhugra – **United Kingdom** – Royal College of Psychiatrists
2. Prof Jacek Bomba – **Poland** – Polish Psychiatric Association
3. Prof Benjaminas Burba – **Lithuania** – Lithuanian Psychiatric Association
4. Dr Brendan Cassidy – **Ireland** – Irish Medical Organisation
5. Dr Homayon Chaudhry – **Switzerland** – PWG¹
6. Dr Tsvi Fischel – **Israel** – Israeli Psychiatric Association
7. Dr Elisabete Fradique – **Portugal** – Portuguese Medical Association
8. Prof George Garyfallos – **Greece** – Hellenic Psychiatric Association
9. Dr Dan Georgescu – **Switzerland** – Swiss Society of Psychiatry and Psychotherapy
10. Prof Edvard Hauff – **Norway** – Norwegian Medical Association
11. Prof Paul Hodiament – **Netherlands** – Dutch Psychiatric Association; **Vice-President, European Board of Psychiatry**
12. Dr Slađana Ivezić – **Croatia** – Croatian Medical Association, Society for Clinical Psychiatry
13. Dr Luboš Janu – **Czech Republic** – Czech Psychiatric Association
14. Dr Torsten Jacobsen – **Denmark** – Danish Psychiatric Association
15. Prof Lars Jacobsson – **Sweden** – Swedish Psychiatric Association
16. Dr Anne Kleinberg – **Estonia** – Estonian Psychiatric Association
17. Dr Astrid Kubli Bauer – **Switzerland** – Swiss Society of Psychiatry and Psychotherapy
18. Dr Andreas Landsnes – **Norway** – Norwegian Psychiatric Association
19. Prof Nils Lindefors – **Sweden** – Swedish Psychiatric Association
20. Dr Anne Lindhardt – **Denmark** – Danish Psychiatric Association
21. Dr Bernard Mailet – **Belgium** – UEMS Secretary General
22. Dr Amit Malik – **UK** – EFPT²; **President-elect**
23. Dr Lucien Manuceau – **France** – French Association of Psychiatrists
24. Dr Françoise Matthys – **Belgium** – Belgian Association of Neurologists and Psychiatrists
25. Dr Brigitte Mauthner – **Austria** – Austrian Medical Chamber
26. Dr Matt Mujien – **Denmark** – WHO Europe
27. Dr Kajsa B Norström – **Sweden** – EFPT; **President**
28. Dr Izu Nwachukwu – **Ireland** – EFPT (*invited guest*)
29. Dr Jørgen Nystrup – **Denmark** – Danish Psychiatric Association
30. Dr James O'Boyle – **Ireland** – Irish Psychiatric Training Committee
31. Dr Kari Pykkänen – **Finland** – Finnish Psychiatric Association; **Vice-President, Section of Psychiatry**
32. Dr Joseph Saliba – **Malta** – Medical Association of Malta / Maltese Association of Specialists in Psychiatry; **Honorary Secretary, Section and Board of Psychiatry**
33. Prof Henning Sass – **Germany** – EPA³
34. Dr James Strachan – **UK** – Royal College of Psychiatrists; **President, European Board of Psychiatry**
35. Dr Roelof ten Doesschate – **Netherlands** – Dutch Psychiatric Association; **Treasurer**
36. Prof László Tringer – **Hungary** – Hungarian Psychiatric Association
37. Dr Roland Urban – **Germany** – Professional Association of German Psychiatrists
38. Prof Slavko Zihel – **Slovenia** – Psychiatric Association of Slovenia, Medical Chamber of Slovenia; **Vice-President, European Board of Psychiatry**
39. Joanna Carroll – **UK** – Royal College of Psychiatrists; **Administrative Secretary**

2. Apologies

1. Prof Can Cimilli – **Turkey** – Psychiatric Association of Turkey
2. Prof Pier-Maria Furlan – **Italy** – Italian Psychiatric Association
3. Prof Manuel Gómez-Beneyto – **Spain** – Spanish Association of Neuropsychiatry
4. Prof Fritz Hohagen – **Germany** – German Society of Psychiatry, Psychotherapy & Neurology
5. Prof Jyrki Korkeila – **Finland** – Finnish Psychiatric Association
6. Prof Gerhard Lenz – **Austria** – Austrian Association for Psychiatry & Psychotherapy

¹ Permanent Working Group for Junior Doctors

² European Federation of Psychiatric Trainees

³ European Psychiatric Association (formerly Association of European Psychiatrists)

7. Dr Andres Lehtmets - **Estonia** – Estonian Psychiatric Association
8. Dr Lucie Motlova – **Czech Republic** - Czech Psychiatric Association
9. Dr Matt Muijen – **Denmark** – WHO⁴
10. Dr Eva Pálová – **Slovakia** – Slovak Psychiatric Association; **Vice-President, Section of Psychiatry**
11. Dr Miquel Roca Bennasar – **Spain** - Spanish Society Of Psychiatry
12. Prof Ioannis Zervas – **Greece** – Hellenic Psychiatric Association

3. To approve the minutes of the previous meeting

The minutes of the meeting held on 13 October 2008 in Geneva, Switzerland, were approved as the correct record of the proceedings subject to some minor amendments.

4. Matters arising from the minutes not covered by this agenda

Prof Hodiamont reminded the delegates that the standing committee on CME agreed in Geneva to develop assessment criteria to address psychiatry specific issues, in particular the influence of pharmaceutical industry. However the size of the CME Committee precluded any progress on this and it was suggested that a separate working group should be formed to take this forward. It was clarified that the Section and Board of Psychiatry had a standing committee on CME with a large membership and the CME evaluation committee of four whose sole task was to evaluate CME events on behalf of the EACCME. There was a discussion again about the position of the CME within the Section and Board structures. CME as a highly political matter belonged within the Section's remit and would remain a standing item on its agenda. However, reporting on CME matters could be flexible and would depend on each meeting's agenda.

5. Audit of training schemes

Dr Strachan informed the delegates that the Board had received an enquiry regarding a possible audit visit from Spain and reference to the associated papers and submission of the questionnaire on the Board website had been encouraged but no reply had yet been received. He suggested the Board consider what steps should be taken to stimulate its work in this field. Training scheme audit, an indispensable aspect of quality assurance of training, should constitute part of the Board's core business.

Dr Maillet said that the European Commission had an expressed objective to encourage a clear training framework and to facilitate mutual recognition of qualifications for the benefit of cross-European professional movement. He shared Dr Strachan's concern at the Board's struggle to progress the matter of scheme audit as the Commission's aims could only be achieved through such an audit process. Dr Maillet also argued that a robust assessment system of trainee competency was needed and that this might appropriately include examinations. European Board exams were well regarded in several other specialties. In countries where no national examination was available European Board exams were sometimes adopted as the national qualification. However only in such circumstance of national adoption did Board exams gain recognisable legal status. Trainees who successfully completed assessment in an EU country were not expected to repeat such exams on migration.

The Board was equivocal whether it would prove possible to set up a European Board examination in psychiatry in terms of finance and the professional resources required. It was clear that such an examination would be of benefit to trainees who did not have access to one in their own country. It would also provide a European benchmark for psychiatric training as well as address problems faced by non-EU doctors wishing to practise or train in an EU member state. The Board President added that to be effective such an exam would have to assess not only factual knowledge but also clinical skills and competencies, which presented particular challenge in the language and culturally diverse EU.

The Board agreed that any work in this area should be linked with the current work on competency based training and involve trainees. The EFPT delegates were asked to prepare a proposal for the next meeting to establish a working group on examinations. Dr Malik kindly agreed to do this in view of the EFPT work in this area which would be discussed at their forum in Gothenburg next month.

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| ACTION: Dr Malik to prepare a proposal for the working group on exams (✓) |
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⁴ World Health Organisation

6. Report from the European Federation for Psychiatric Trainees

The EFPT were trying to register as a recognised organisation in Belgium. A Signing meeting was to be held in London in May and it was hoped the proposal would be sent to the Belgian government in June. The next EFPT forum would be held in Gothenburg in May 2008.

There was no formal collaboration with PWG as yet.

7. Report from the Permanent Working Group for Junior Doctors

A PWG survey across Europe on the EWTD found only two countries fully adhered. PWG had also commenced a review on trainee migration issues. An agreement was reached between PWG and UEMS to cooperate on a linkage of websites.

8. Reports from the Working Groups:

a) Liaison Psychiatry and Psychosomatics

This working group met the previous day and reported at the Section meeting.

b) Competence-based training in psychiatry

The WG group presented a report of the work carried out to date, including an additional meeting in Valencia, Spain. Dr Saliba reminded the meeting of the two objectives of the WG. The document had been based on two main sources, Can med and the American core competences. The document will be circulated to all delegates for consultation. The introduction paragraph should include an explanation for national associations

9. Any Other Business

- a) Paper on suicide – Dr Urban asked for clarification. The issue would be discussed by UEMS officers.
- b) EPA was represented on the UEMS and Dr Maillet suggested that perhaps the UEMS should be represented on the EPA. This matter would be discussed at the officers meeting.
- c) Dr Mujien (WHO) presented the EU plans for mental health care. The work carried out identified significant information gaps relating to training programmes, workforce issues, nurses, psychologists, etc. There was no adequate information concerning CME on psychopharmacology or psychological treatment. Much CME was provided by pharmaceutical industry and there was no regulation of this.

There was a gap between old and new EU and there was a clear need for collaboration to address the identified problems.

His report would be available on line once ratified by countries. Ministers would have it by the end of June. The public launch event would probably be in September 2008.

The Helsinki declaration was used by many countries (e.g. Spain) to develop their own strategies and action plans.

10. Dates of future meetings

16-18 October 2008 – Ghent, Belgium

23-25 April 2009 – Budapest, Hungary

October 2009 – Maribor, Slovenia

April 2010 – Stockholm, Sweden

EFPT thanked Dr Soosay, on their behalf, for his work with the competency WG. The Board President thanked the Danish Psychiatric Association for hosting and support of the meeting and Dr Lindhardt for her central role in its organisation. He also thanked Ms Carroll for her hard work and consistent commitment to the smooth running of both the Section and Board.