



# UNION EUROPÉENNE DES MÉDECINS SPÉCIALISTES

## EUROPEAN BOARD OF PSYCHIATRY SPRING MEETING

Saturday, 8<sup>th</sup> April 2006 – Vienna, Austria

APPROVED minutes of the 28<sup>th</sup> meeting of the UEMS<sup>1</sup> European Board of Psychiatry held in Vienna, Austria, on Saturday, 8<sup>th</sup> April 2006.

### 1. Present

Prof Jacek Bomba - Poland - Polish Psychiatric Association  
Dr Pedro Cabral Varandas - Portugal - Portuguese Medical Association  
Dr Brendan Cassidy - Ireland - Irish Medical Organisation  
Dr Homayon Chaudhry - Switzerland - PWG<sup>2</sup>  
Prof Can Cimilli - Turkey - Psychiatric Association of Turkey  
Dr Dan Georgescu - Switzerland - Swiss Society of Psychiatry and Psychotherapy  
Prof Manuel Gómez-Beneyto - Spain - Spanish Association of Neuropsychiatry  
Dr Torben L Hansen - Denmark - Danish Psychiatric Association; President, Section for Psychiatry  
Prof Edvard Hauff - Norway - Norwegian Medical Association  
Prof Paul Hodiament - Netherlands - Dutch Psychiatric Association, Vice-President, European Board of Psychiatry  
Prof Fritz Hohagen - Germany - German Society of Psychiatry, Psychotherapy & Neurology  
Prof Michal Hrdlicka - Czech Republic - Psychiatric Association of Czech Medical Society  
Dr Slađana Ivezić - Croatia - Croatian Medical Association, Society for Clinical Psychiatry  
Prof Lars Jacobsson - Sweden - Swedish Medical Association  
Dr Roberts Klotins - Latvia - EFPT<sup>3</sup>; President  
Assoc. Prof Blanka Kores Plesničar - Slovenia - Psychiatric Association of Slovenia  
Dr Astrid Kubli Bauer - Switzerland - Swiss Society of Psychiatry and Psychotherapy  
Prof Gerhard Lenz - Austria - Austrian Association for Psychiatry & Psychotherapy  
Assoc. Prof Nils Lindefors - Sweden - Swedish Psychiatric Association  
Dr Bernard Maillet - Secretary General, UEMS Council  
Dr Lucien Manuceau - France - French Association of Psychiatrists  
Dr Brigitte Mauthner - Austria - Austrian Medical Chamber  
Dr Eva Pálová - Slovakia - Slovak Psychiatric Association, Vice-President, Section for Psychiatry  
Prof Yiannis Papakostas - Greece - Hellenic Psychiatric Association  
Prof Andreas Parashos - Greece - Hellenic Psychiatric Association  
Dr Kari Pylkkänen - Finland - Finnish Psychiatric Association; Vice-President, Section for Psychiatry  
Dr Joseph Saliba - Malta - Medical Association of Malta / Maltese Association of Specialists in Psychiatry; Secretary, Section and Board of Psychiatry  
Dr James Strachan - UK - Royal College of Psychiatrists; President, European Board of Psychiatry  
Dr Roelof ten Doesschate - The Netherlands - Dutch Psychiatric Association; Treasurer, Section and Board of Psychiatry  
Prof László Tringer - Hungary - Hungarian Psychiatric Association  
Dr Roland Urban - Germany - Professional Association of German Psychiatrists  
Mrs Joanna Carroll - UK - Royal College of Psychiatrists; Administrative Secretary, Section and Board of Psychiatry

### 2. Apologies

Prof Dinesh Bhugra - UK - Royal College of Psychiatrists  
Dr Tsvi Fischel - Israel - Israeli Psychiatric Association  
Prof Pier Maria Furlan - Italy - Italian Psychiatric Association  
Dr Andres Lehtmets - Estonia - Estonian Psychiatric Association  
Dr Anne Lindhardt - Denmark - Danish Psychiatric Association  
Prof Matti Joukamaa - Finland - Finnish Psychiatric Association  
Dr Anne Kleinberg - Estonia - Estonian Psychiatric Association  
Dr Françoise Matthys - Belgium - Belgian Association of Neurologists and Psychiatrists  
Dr Matt Muijen - Denmark - WHO<sup>4</sup>  
Prof Michael Musalek - Austria - AEP<sup>5</sup>

<sup>1</sup> EUROPEAN UNION OF MEDICAL SPECIALISTS

<sup>2</sup> PERMANENT WORKING GROUP FOR JUNIOR DOCTORS

<sup>3</sup> EUROPEAN FEDERATION OF PSYCHIATRIC TRAINEES

<sup>4</sup> WORLD HEALTH ORGANISATION

<sup>5</sup> ASSOCIATION OF EUROPEAN PSYCHIATRISTS

Dr James O'Boyle - Ireland - Irish Psychiatric Training Committee  
Dr Stein Opjordsmoen - Norway - Norwegian Psychiatric Association  
Dr Miquel Roca Benasar - Spain - Spanish Society of Psychiatry  
Dr Georg Spiel - Austria - Secretary, Section of Child and Adolescent Psychiatry  
Dr Ivan Tuma - Czech Republic - Czech Psychiatric Association  
Dr Livia Vavrušová - Slovakia - Slovak Psychiatric Association  
Dr Andreas Zachariadis - Greece - EFPT, President-Elect  
Assoc. Prof Slavko Zihelr - Slovenia - Psychiatric Association of Slovenia, Medical Chamber of Slovenia;  
Vice-President, European Board of Psychiatry

3. To approve minutes of the last meeting

The minutes of the Board meeting held on 8<sup>th</sup> October 2005 in Košice, Slovakia, were received and approved as the correct record of the proceedings subject to a few minor amendments.

4. Matters arising from the minutes not covered by the agenda

There were none.

5. CME- task force and working group

The relationships between various CME bodies required clarification, in particular the interface between the EACCME<sup>6</sup>, the UEMS/AEP/WPA<sup>7</sup> CME Task Force and the Board of Psychiatry CME Working Group. Dr Maillet briefly outlined the origin of the EACCME<sup>6</sup>. It was established by the UEMS Council in 2000 in collaboration with the national accreditation authorities in EU member states and the American Medical Association responsible for CME accreditation in the USA. It was the only pan-European body competent to grant CME accreditation for international events as it was recognised by the national accreditation authorities and had the expertise of national scientific associations represented in the UEMS. The EACCME<sup>6</sup> now wished to formalise its CME collaboration with the UEMS sections through signed agreements clarifying the application procedures, areas of responsibilities and assessment charges. The agreement stipulated that the assessment fee paid by a CME provider should be shared equally by the EACCME<sup>6</sup> which provided the administrative structure and the sections which provided specialty specific expertise. The sections would make their own internal arrangements for the administration of the assessment procedures. It was agreed that Prof Gómez-Beneyto would be appointed chairman of CME evaluators of the Section of Psychiatry. The Board of Psychiatry CME Working Group would act as an advisory body on evaluation criteria.

The links between the EACCME<sup>6</sup> and the UEMS/AEP/WPA joint CME Task Force required further clarification. The latter had developed evaluation principles that were submitted to the Board of Psychiatry at the autumn meeting. Those principles were used for the evaluation of about 20 events submitted to date, 5-6 of which were turned down as not meeting the criteria.

The relevance of the joint Task Force was questioned in the light of the agreement between the Section of Psychiatry and the EACCME<sup>6</sup>. It was pointed out, however, that it would not be in the spirit of international collaboration to sever the freshly established links with other European organisations. It was therefore agreed that the Section would delegate its mandate given by the EACCME<sup>6</sup> to the joint Task Force, although financial arrangements would need to be discussed further with all parties involved. Current accreditation costs were minimal but with the number of applications increasing this was bound to change in the future.

Concerns were raised about the presence of other agencies on the European CME arena such as e.g. EACIC<sup>8</sup> which had been granting CME credits for some time now. Dr Maillet reiterated that the EACCME<sup>6</sup> remained the only accrediting body formally recognised by national accreditation authorities and supported by specialist associations in EU member states but it would take time for CME providers to become fully aware of the fact. To join forces with AEP and the WPA's European zones would further strengthen the UEMS position in the CME accreditation field.

EACCME<sup>6</sup> was urged to improve publicity of its activities to avoid further perpetuating the confusion in the field. The EACCME<sup>6</sup> should consider actively promoting its CME accreditation in the form of certificates.

Dr Hansen suggested that the agreement between the Section of Psychiatry and the EACCME<sup>6</sup> should be signed and the current arrangement for evaluating CME events by the UEMS/AEP/WPA joint CME Task Force maintained until the matter was discussed further at the next meeting. This was agreed.

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<sup>6</sup> EUROPEAN ACCREDITATION COUNCIL FOR CONTINUING MEDICAL EDUCATION

<sup>7</sup> WORLD PSYCHIATRIC ASSOCIATION

<sup>8</sup> EUROPEAN ACCREDITATION COMMITTEE IN CNS

6. Review of current reports:a) *Rotation in Training for Psychiatry*

It was agreed that the definition of rotation in training and a relevant recommendation would be included in Chapter 6 of the Training Charter at the next review. The report itself would be archived.

b) *Postgraduate Exchange in Psychiatric Training*

The report was reviewed by EFPT and PWG delegates. The EFPT had always supported postgraduate exchange as a useful mechanism for acquiring experience in settings and cultures different from the trainee's own. The EFPT was collating data from all EU and non-EU countries with a view to creating an on-line database for trainees which would provide details of country specific training requirements and details of exchange programmes, if and where available.

c) *Part-Time Training in Europe*

The report was also reviewed by EFPT and PWG delegates who agreed that an update was required to include data from the new EU member states and to take account of the EWTD<sup>9</sup> implications. Discrepancies between countries were still considerable with training hospitals in some countries charging trainees for access to their training programmes. This often forced trainees to take up additional employment to cover the costs of training. There was a need for a clear definition of full time and part time training and a recommendation in Chapter 6 of the Training Charter.

ACTION: Archive above reports and include recommendations in Training Charter
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7. Proposal for a working group on Liaison Psychiatry

Prof Hohagen withdrew this proposal as he would be unable to give it his full attention at present. Dr Georgescu volunteered to prepare a written proposal for the next meeting.

ACTION: Dr Georgescu to prepare a written proposal
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8. Reports from the Working Groupsa) *Visit Feedback - final proposals*

In the absence of its chair person the working group did not meet.

9. European survey of specialist training in psychiatry - report for publication

Prof Hohagen confirmed that the draft of the report was ready and would be discussed with those involved in the survey. It would then be edited by an English native speaker and circulated to delegates for their final comments before publication.

ACTION: Prof Hohagen to finalise the report and submit for circulation to delegates
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10. European training scheme audit system

The Board received a request from Dr K N Fountoulakis from Greece for accreditation of training in Thessaloniki. Dr Fountoulakis was informed that the board was not in a position to accredit individual training institutions but would be happy to assist relevant authorities in Greece to develop their own national audit system. There had been no reply from Dr Fountoulakis as yet.

Dr Strachan reminded the delegates that this model, agreed by the Board some time ago, was followed recently to initiate the development of a national audit system in Germany. There had been no formal requests since although some delegates confirmed that discussions with relevant authorities were taking place. It was important to emphasise that the main objective of training accreditation was to support both trainers and trainees and to identify strengths as well as challenges for future developments. The UEMS involvement might help convince national policy makers to introduce the necessary infrastructure and resources.

Any country wishing to have their training audit systems evaluated should approach the Board via the relevant national authority. An alternative step could be for delegates to join audit visits in countries with well established accreditation processes such as the UK or the Netherlands. It was suggested that the Board could evaluate the UEMS Charter on Visitation to determine whether its recommendations needed updating.

11. Report from trainees:a) *PWG*

Dr Chaudhry reported that the PWG included all medical specialists and the main focus in all its areas of work was to develop an approach common to all specialties. The structure of the PWG was briefly outlined. The PWG was currently concentrating on access to free specialist training in all EU countries,

<sup>9</sup> EUROPEAN WORKING TIME DIRECTIVE

discussions with the EU Commission on the EWTD directive, part-time training and developing a new website which would contain a page dedicated to UEMS delegates where they could find relevant information, chat, communicate with the UEMS Council, etc. This year was the 30<sup>th</sup> anniversary of the PWG and a special party was planned during its next meeting in Portugal.

b) EFPT

Dr Klotins reported that the EFPT continued to grow and had 19 full members and 2 observers. Its focus was on greater international cooperation, in particular with the PWG. The next EFPT congress would be held in Riga, Latvia, and Dr Hansen and Prof Lenz were invited to give a presentation. The EFPT were also in the process of registering as an official charitable organisation using the UEMS address in Brussels.

12. Reports from the working groups

a) CME

The working group discussed the proposed agreement between the Section and the EACCME® and agreed that it should be signed. The work was continuing on specific criteria and applications procedures.

b) Private Practice

In view of recent and forthcoming changes in private practice in many EU countries the working group decided to re-circulate the questionnaire completed by delegates 2 years ago.

c) EU Green Paper

The comments suggested by the 3 sub-groups were compiled into the first draft on the Section's formal response and would be circulated to the three chairs for final clarification.

13. Any other business

Dr Strachan thanked Dr Pedro Cabral Varandas for his very active participation as representative for Portugal. Dr Varandas was demitting office and in reply said that he greatly enjoyed his time in the UEMS.

The President thanked Dr Maillet for attending the meeting and for his helpful advice on many Section and Board matters.

The President thanked Dr Mauthner and Prof Lenz for organising an excellent meeting and for the much appreciated hospitality of the Austrian Association for Psychiatry and Psychotherapy and the Austrian Medical Chamber.

He also thanked Hedda Kletter who very kindly gave up her free time to assist with organising the meeting and Joanna Carroll for her secretarial support.

14. Date and venue of next meeting

5-7 October 2006 - Deventer, the Netherlands

April 2007 - Izmir, Turkey (the exact date to be agreed shortly)

11-13 October 2007 - Geneva, Switzerland

Spring 2008 - Copenhagen, Denmark

Autumn 2008 - Slovenia (tentative proposal)