



UNION EUROPÉENNE DES MÉDECINS SPÉCIALISTES

EUROPEAN BOARD OF PSYCHIATRY

Approved Minutes of the sixteenth meeting of the European Board for Psychiatry in Strasbourg on 15 April 2000.

1. Present:

Dr H Aggernaes – **Denmark** – Danish Psychiatric Association
Dr A Argyriou – **Cyprus** – Cyprus Psychiatric Association
Dame Fiona Caldicott – **United Kingdom** – Royal College of Psychiatrists
Dr R ten Doesschate – **Netherlands** – Nederlandse Vereniging voor Psychiatrie
Professor P Furlan – **Italy** – Dept. of Psychiatry, San Luigi Gonzaga Hospital
Professor M Gómez-Beneyto – **Spain** – Asociación Española de Neuropsiquiatría
Dr E Hagemo – **Norway** – Norwegian Medical Association
Dr S Ivezić – **Croatia** – Croatian Medical Association, Society for Clinical Psychiatry
Professor P König – **Austria** – Osterr. Gesellschaft für Neurologie und Psychiatrie (OGNP)
Dr A Kubli Bauer – **Switzerland** – Société Suisse de Psychiatrie et Psychothérapie
Dr J Laboutiere – **France** – Association Française de Psychiatrie
Professor P Lievens – **Belgium** – Association Professionnelle Belge des Neurologues et des Psychiatres
Dr A Lindhardt – **Denmark** – Danish Psychiatric Association
Professor A Mann – **United Kingdom** – Royal College of Psychiatrists
Dr V Martin – **Belgium** – Belge Professionnelles des Neurologues et Psychiatres
Professor M Musalek – **Vienna** – Association of European Psychiatrists
Dr J H O'Boyle – **Republic of Ireland** – Irish Psychiatric Training Committee
Professor S Opjordsmoen – **Norway** – Norwegian Medical Association
Professor A Parashos – **Greece** – Hellenic Psychiatric Association
Professor A Piotrowski – **Poland** – Polish Psychiatric Association
Dr K Pylkkänen – **Finland** – Finnish Psychiatric Association
Dr J Saliba – **Malta** – Association of Maltese Psychiatrists
Professor R K R Salokangas – **Finland** – Finnish Psychiatric Association
Professor W J Schudel – **The Netherlands** – Nederlandse Vereniging voor Psychiatrie
Dr C Smith – **Ireland** – Irish Medical Association
Dr H Sontag – **France** – Association Française de Psychiatrie
Dr K-O Svärd – **Sweden** – Swedish Psychiatric Association
Dr K Treichel – **Germany** – EFPT
Dr S Treichel – **Germany** – Berufsverband Deutscher Nerven Ärzte
Dr I Tuma – **Czech Republic** – Psychiatric Association of the Czech Medical Society
Dr G Zarotti – **Switzerland** – Swiss Psychiatric Association
Dr S Zihnerl – **Slovenia** – Slovenia Psychiatric Association

In attendance:

Mrs J E Carroll – **United Kingdom** – Royal College Psychiatrists

2. Apologies:

Professor C L Cercós – **Spain** – Sociedad Española de Psiquiatría
Professor G Christodoulou – **Greece** – Hellenic Psychiatric Association
Dr A De Albuquerque – **Portugal** – Ordem dos Medicos
Professor J Furedi – **Hungary** – Hungarian Psychiatric Association
Professor F Hohagen – **Germany** – Deutsche Gesellschaft Für Psychiatrie, Psychotherapie und Neurologie
Dr H Nybäck – **Sweden** – Swedish Psychiatric Association
Professor J Raboch – **Czech Republic** – Psychiatric Association of the Czech Medical Society
Dr W Rutz – **Denmark** – World Health Organisation
Professor Manuel Gómez-Beneyto (Spain), President of the European Board, opened the meeting by welcoming all those present to Strasbourg.

3. **Minutes of the meeting held on 9 October 1999**

The minutes were confirmed as a correct record of the meeting, subject to one amendment – the last sentence under Point 7 should read “*Some agreed* that this had serious implications for psychiatry ...” rather than “*It was agreed* ...”.

4. **Matters arising from the Minutes**

The letter requested by Professor Janos Furedi (Hungary) acknowledging the work which had been achieved on the Hungarian training scheme was sent by Professor Gómez-Beneyto.

Professor Gómez-Beneyto informed the meeting that he had written to Dr Andrew Carney (PWG), the Permanent Working Group for European Junior Doctors representative to find out if he was still a trainee but did not have a response. Mrs Joanna Carroll (UK), the UEMS Administrative Secretary, informed the meeting that the PWG Secretariat had been in touch advising that the new representative would be selected at their next meeting in May 2000.

5. **Visitation of Training Schemes**

It was agreed at the last meeting of the Board in Malta that a Working Group on Training Schemes Visitations would be set up with the view to drawing guidelines on how these visitations should be run. After a brief discussion the meeting decided to suspend the work of the Working Group until more experience was accumulated. One way of gaining more experience would be to join the visitation in Deventer in Holland on 15 June. Dr R J A ten Doesschate (The Netherlands) reported that his training scheme had a long history of visitation and could be an excellent learning ground for anyone wishing to set up a similar scheme in their own country. This was supported and all those interested in participating were asked to write to Dr ten Doesschate as soon as possible to allow him time for preparations.

Kraków

Professor Gómez-Beneyto informed the Board that a formal application for the Board's visitation had been received from a training scheme in Kraków, Poland. Professor Willem J Schudel (The Netherlands) who led the last visitation in Hungary suggested that the format of the visitation should, perhaps, be made less formal to save time and money.

As a result of a brief discussion that followed it was agreed that the main objective of visitations, i.e. to monitor the implementation of, and compliance with, European guidelines for psychiatric training to raise local standards, could not be achieved during a brief informal visit. However, every effort must be made to ensure that the team receiving a visitation was fully aware of the requirements and expectations from such a visit. This could be accomplished by inviting a member of the next visited scheme to attend a preceding visitation as an observer. Ideally, the visitation team should consist of two Board members, one trainee (from the Board), one trainee from the visited country and possibly one Board member as an observer from the country which did not have routine visitations to training schemes.

It was suggested that other Polish trainees could also be invited to join the visitation to gain experience. Professor Schudel would lead the visiting team again and Dr S Iveziæ (Croatia) volunteered to join his team. Dr Kai Treichel (Germany), Chairman of the EFPT, would also attend the visit on behalf of trainees.

Dr V Martin, Dr S Zihnerl, Dr E Hagemo and Dr I Tuma expressed their interest in joining Dr Schudel's Working Group on Training Schemes Visitations when it came into operation.

Dr Fiona Caldicott (UK) reported that the Royal College of Psychiatrists had a well established visitation programme where each psychiatric training scheme, both for basic and higher training, was visited at least every four years. The College had recently set up a new Overseas Working Group with the remit to advise Council on the international role of the College, especially in the development of psychiatry and the training of psychiatrists outside the United Kingdom and Ireland. Dr Caldicott, a member of the Working Group, said that one of the Group's recommendations might well be to invite European psychiatrists to participate

in College's visits to training schemes. She further suggested that information could be sought from other UEMS Sections which were more advanced in training schemes visitations and would be willing to share their experience.

6. **Working Group on Logbooks**

The logbook was approved following a brief discussion during which it was pointed out that the logbooks for trainees should not be too detailed to apply to all European membership countries, and should only include items mentioned in the Charter on Training,

7. **Working Group on Psychotherapy**

Dr Anne Lindhardt reported at the Section meeting on 14 April 2000.

8. **Working Group on the Glossary of Terms**

The report from this Working Group was discussed under Item 10.

9. **Working Group on Quality Assurance and Training**

This group did not meet.

10. **"Requirements for Training in Psychiatry"**

As was agreed at the last meeting in Malta no substantial amendments to the currently distributed version of the "Charter" would be allowed at this final stage. The "Charter" would be reviewed again in two years' time and any comments and modifications could be discussed at that time. Dr Lindhardt proposed to include the full recommendations from the Working Group on Logbooks into the "Charter" as Appendix 5. This was agreed.

It was further agreed that the full report from the Working Group on Biological Psychiatry would be included in the "Charter" as Appendix 4.

The "Charter on Training of Medical Specialists in the EU" was approved subject to the above amendments. It would be circulated to all members of the UEMS Section for Psychiatry in due course.

It was further agreed that all comments and amendments to the Glossary to the Charter should be forwarded to Professor Mann who agreed to prepare a revised version for the next meeting in Kraków.

11. **Workshop on Training at the APA Congress in Chicago**

Dr Lindhardt reported that the European Board of Psychiatry had been invited to run a workshop at the next APA congress on "International Perspective on Residential Training". It would be held on 16 May 2000 in Chicago. However, due to the lack of financial support only Professor F Hohagen would attend the workshop to give a lecture. Other members present in Chicago at that time were urged to participate in the discussion.

12. **EFPT Representative - Funding Issues**

This was discussed at the Section meeting on 14 April 2000. In addition, Dr R J A ten Doesschate, Treasurer, asked the meeting for a clarification on the travel and accommodation expenses incurred by members of a visiting team. It was agreed that a training centre seeking the Board's approval of its training programme was required to meet the costs. Professor Gómez-Beneyto would write to Professor Furedi to inform him of the Board's decision.

13. **Reports from Trainees**

European Federation for Psychiatric Trainees (EFPT)

Dr K Treichel (Germany), President of the EFPT, circulated the leaflet which was originally issued for the XI World Congress of Psychiatry of WPA in Hamburg in August 1999. It outlined the background, functions and goals of the Federation, its structure and membership and gave a brief description of the statements issued by the Federation over the years. Dr Treichel reported that at the meeting in Hamburg there was a great emphasis on psychotherapy training in psychiatry which seemed to be neglected throughout Europe. The EFPT statement issued in 1996 included the supervision by qualified therapists together with theoretical training in a number of psychotherapies as an indispensable element of basic training leading to trainees gaining skills in at least one form of psychotherapy. This view was later mirrored in the "Charter on Training" produced by the UEMS Section for Psychiatry. The theory, however, was far from what happened in practice as only four European countries - Denmark, Holland, Germany and the United Kingdom - had psychotherapy as an integral part of basic training.

After a brief discussion it was agreed that more feedback is needed from member states to determine the current position on psychotherapy training. Dr Treichel would review the new questionnaire prepared by the Working Group on Psychotherapy before its circulation.

Permanent Working Group for all European Junior Doctors (PWG)

In the absence of a representative from the PWG there was nothing to report.

14. **Collaboration with Other Organisations**

This was covered under Item 12 of the Section agenda at the meeting on 14 April 2000.

15. **Feedback from the Delegates**

Most of the feedback was received at the Section meeting on 14 April. In addition, Dr J Labouliere (France) gave a brief comment on psychotherapy training in France. Out of about 20 training centres only 3 provided psychotherapy as a cohesive part of basic training. The government had recently commissioned a working group to address the issue. The report would be published in two years' time.

16. **Any Other Business**

Professor Gómez-Beneyto asked the meeting to consider the possibility of setting up a new working group with the remit to develop recommendations on evidence-based psychiatry. In the current climate of new mental health policies, it was vital to look at new ways of achieving evidence and the implications for psychiatric training. Professor Gómez-Beneyto on behalf of the Section and the Board thanked Dr Sontag and Dr Labouliere for an excellent organisation of the meeting in beautiful surroundings.

17. **Date of the Next Meetings**

5-7 October 2000 - Kraków, Poland

5-7 April 2001 - Lubljana, Slovenia

4-6 October 2001 - Prague, Czech Republic

April 2002 - Thessaloniki, Greece

October 2002 - Turin, Italy