



UNION EUROPÉENNE DES MÉDECINS SPÉCIALISTES

EUROPEAN BOARD OF PSYCHIATRY

Minutes of the 12th meeting of the European Board of Psychiatry held in Helsinki Finland, on 25 April 1998.

1. Present: Prof S Zihel (Slovenia), Dr V Martin (Belgium), Prof P Lievens (Belgium), Dr A Carney (PWG representative), Dr J Saliba (Malta), Prof A Mann (UK) Dr A Lehtmet (Estonia), Dr S Treichel (Germany), Dr K Pylkkänen (Finland), Dr C Smith (Ireland), Dr A Albuquerque (Portugal), Prof N Walsh (Ireland), Prof A Piotrowski (Poland), Prof A Parashos (Greece), Dr K O Svård (Sweden), Dr H Nybäck (Sweden), Dr E Hagemo (Norway), Dr G Zarotti (Switzerland), Dr H Aggernaes (Denmark), Dr J Furedi (Hungary), Dr S Iveziæ (Croatia), Dr R ten Doesschate (Netherlands), Prof M Gómez-Beneyto (Spain), Dr Salokangas (Finland).
2. Apologies: Prof. Dr P König (Austria), Dr W Schudel (Netherlands), Dr A J Dric Martin (France), Prof G N Christodoulou (Greece), Prof J Raboch (Czech Republic), Dame F Caldicott (UK), Dr A Lindhardt (Denmark), Prof F Hohagen (Germany)

Professor Gómez-Beneyto, Chairman, opened the meeting of the European Board of Psychiatry and welcomed members to Helsinki.

3. Minutes of the Meeting held on 18 October 1997

The Minutes were approved as a correct record of the meeting held in Stockholm, Sweden, on 18 October 1997.

4. Matters arising from Minutes

a) Item 4(a): Procedures for removal of trainees from a training programme:

The Board agreed to postpone discussions of this item until the next meeting as Professor Christodoulou was not present.

b) Item 4(b): UEMS Charter on Visitation of Training Centres

Professor Gomez-Beneyto reported that the UEMS Management Committee had approved the Draft version of the UEMS Charter on the Visitation of Training Centres at its meeting in March. He brought to the Board's attention a section of the Charter which facilitated the Board's role in developing International visits of training centres which could then be given the European Board's official mark of approval. The Chairman explained that a visitation committee should consist of 2 specialists - one of which should be a member of the Board and the other a specialist in the country in which the training centre is located, but not from the centre itself - and a trainee, preferably appointed by the EFPT, who should also be from the country in which the training centre is located but not the centre itself. He also explained the application procedures as they were outlined in the UEMS Charter on Visitation of Training Centres. The Board accepted Dr Janos Furedi's suggestion that two psychiatric training centres in Budapest should be visited in April 1999, immediately before the Section and Board meetings. It was agreed that Dr Willem Schudel of the Netherlands would be asked to chair the visitation committee. Dr Furedi agreed to bring the application papers to the next meeting where the Board could discuss and finalise the arrangements for the Board's first International visit of a psychiatric training centre.

5. Revision of Reports

a) Requirements for Training in Psychiatry

Dr ten Doesschate presented a re-drafted version of the revised version of the Board document *Requirements for Training in Psychiatry*, which he had re-written according to the structure of the UEMS Charter on Training, Chapter 6. After making a few minor alterations it was agreed to submit the document to the UEMS Management Committee as an official Board document. It was also agreed that a new working

group was to revise the section on psychotherapy when the current working groups had completed their tasks.

6. **New Reports**

a) Logbooks

Professor Gómez-Beneyto reported that a working group had met to discuss logbooks in Valencia and had developed a working paper which had been circulated to members. The working group had agreed on the principles and purpose of a logbook. There followed a lively discussion on the ownership of a logbook, where it was agreed that the trainee owned the book, and whether the logbook should include an evaluation of personal development and training, which the Board concluded that it should not. It was agreed that a logbook was a useful tool but should not be used exclusively.

7. **Collaborations with other Psychiatric Organisations**

The Chairman reported that some contact had been made with the Association of European Psychiatrists (AEP), who hoped to send a representative to the next meeting of the Board. He welcomed Professor Anthony Mann's offer to act as the AEP representative on the Board and the Board's representative on the AEP, as he was a member of both. Professor Mann agreed to propose this plan to the AEP. Professor Gomez-Beneyto reminded the Board that the issue of affiliation to the World Psychiatric Association (WPA) was to be discussed at the meeting in Lisbon in October, when the full implications of such a collaboration were clearer. He also reported that he had obtained a list of other European Psychiatric organisations who were working on training matters. The Board agreed that it would be useful to contact these organisations to ensure that the work of the Board was known and not duplicated. It was also agreed that a collaboration with the American Psychiatric Association could be useful. The Board accepted Dr Vincent Martin's offer to talk to the APA about the Board's work at their meeting in Toronto in May.

8. **Reports from Trainees**

a) **European Forum for Psychiatric Trainees (EFPT)**

The representative of the EFPT reported that, as the EFPT was currently holding their meeting in Belgium, there was nothing to report. He informed the Board that the EFPT was revising their statement on Education which would be circulated in due course.

b) **Permanent Working Group for All European Trainees (PWG)**

Dr Carney reported that the PWG met in Cologne last October and would be meeting in Oslo in May where they continued to discuss EC working time directives, manpower and the implication of training for General Practitioners.

9. **Any Other Business**

a) President of the Board's visit to the EFPT

Professor Gomez-Beneyto reported that he had attended the first day of the EFPT's meeting in Belgium where he gave a report on the work of the Board of Psychiatry. He commended the EFPT on their organisation of an interesting and lively programme. He also told the Board about the Brite Exam, which was based on multiple choice questions and used by trainees to evaluate their knowledge. After some discussion it was agreed that although this was an interesting development it was not an issue suitable for discussion by the Board.

b) European Board of Psychiatry and Section of Psychiatry Web Site

Professor Gomez-Beneyto introduced a discussion on the possibility of developing a website for the European Board of Psychiatry and the UEMS Section of Psychiatry. It was unanimously agreed to be an excellent idea. Dr Gianni Zarotti and Dr Vincent Martin agreed to produce a report on the aims of a page, access, contents and costs of producing a website to the next meeting of the Board.

c) Manpower

The Chairman reminded the Board that, according to the UEMS Charter on Training, it had been agreed that the Board was responsible for examining manpower planning in Europe. Thus it was agreed to discuss the development of this issue at the next meeting of the Board.

d) The Statutes of the European Board of Psychiatry

The Chairman announced that the Statutes of the Board had been formally accepted by the UEMS Management Council at its meeting in March.

10. **Dates of Next Meeting**

The dates of future meeting were agreed:

8 - 10 October 1998: Lisbon, Portugal

15 - 17 April 1999: Budapest, Hungary

7 - 9 October 1999: Malta

Professor Gómez-Beneyto closed the meeting of the Board, thanking the Finish hosts for their excellent hospitality. He also reported that Ms Luxton was leaving the Royal College of Psychiatrists to take up another post and thanked her for her administrative support to the Board and the Section of Psychiatry.